# Livable Orlando: An Age-Friendly Initiative Overview
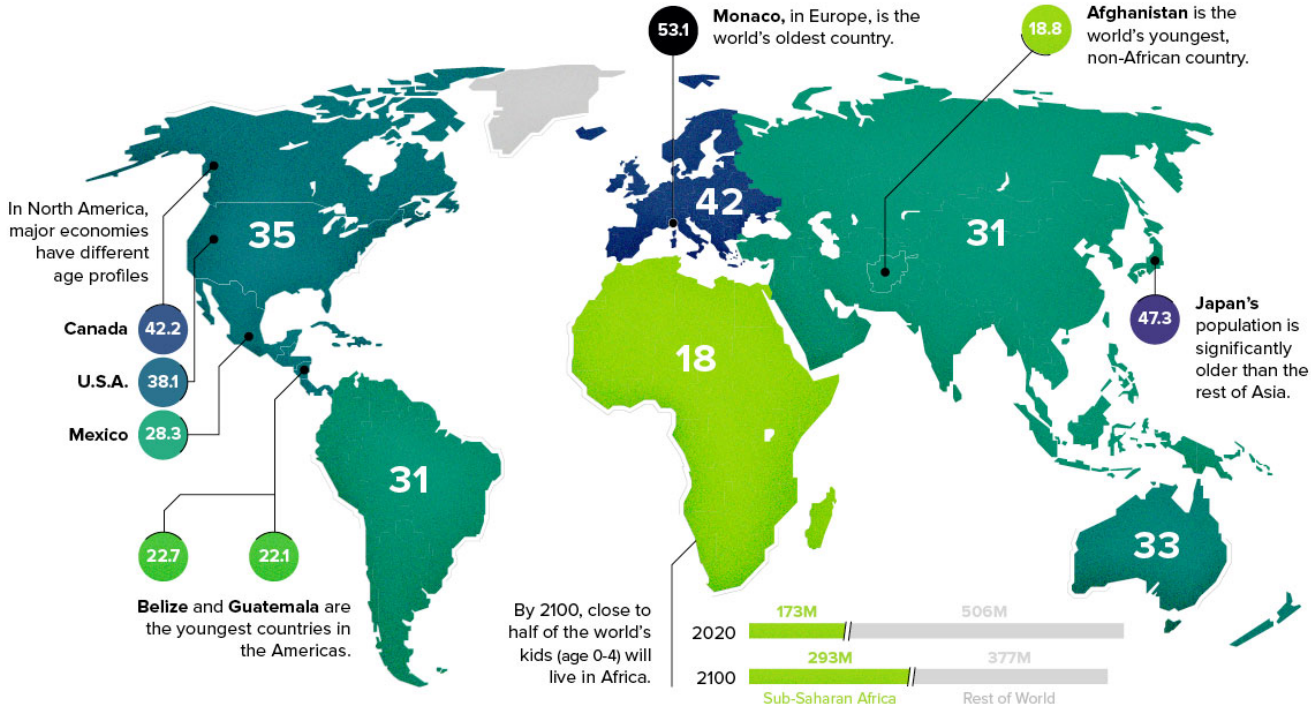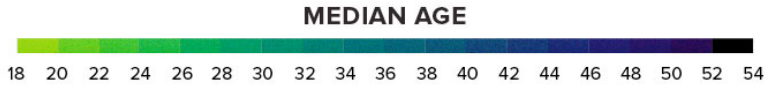
Municipal Planning Board
September 21, 2021

Presented by
Paul S. Lewis, FAICP

# Setting the Stage



**THE MEDIAN AGE OF CONTINENTS**
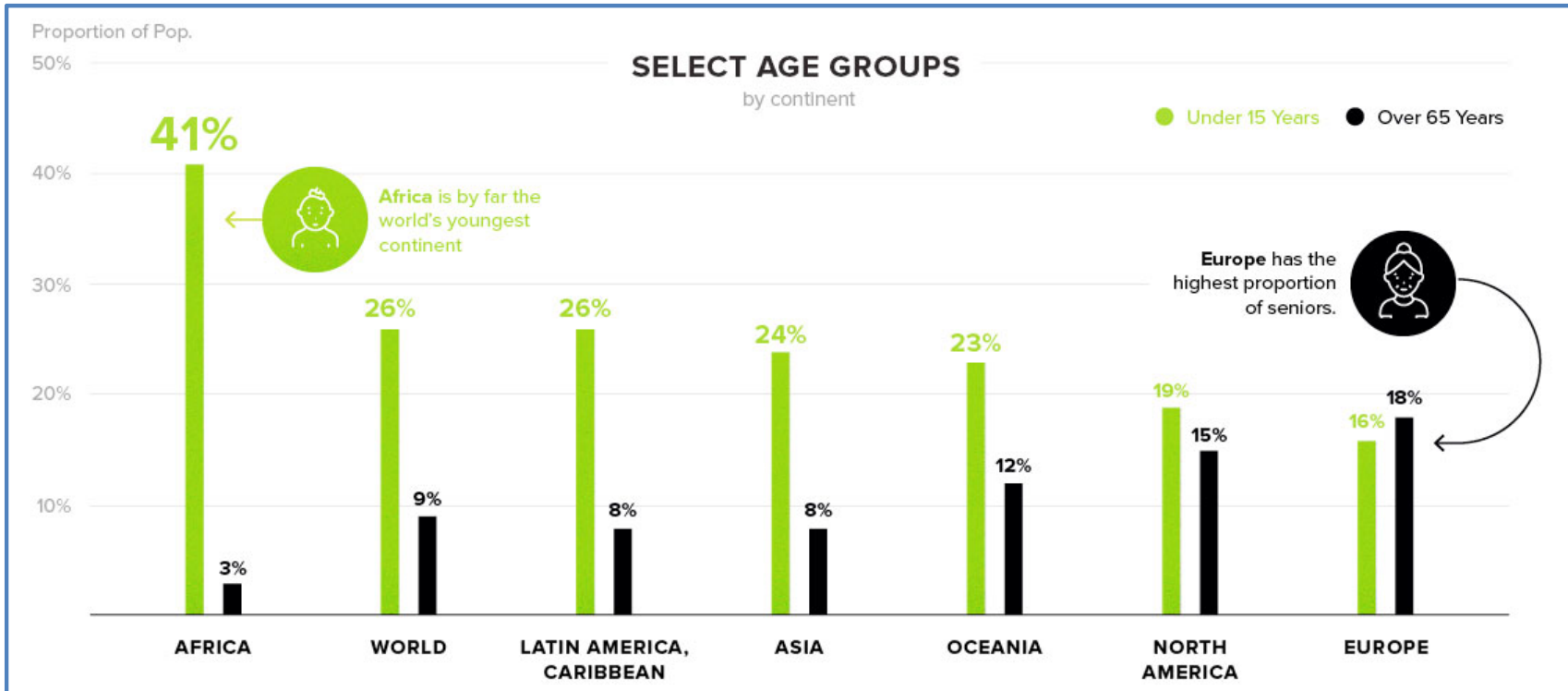Africa has the world's youngest population, with a median age in the teens

**MEDIAN AGE**
18 20 22 24 26 28 30 32 34 36 38 40 42 44 46 48 50 52 54

**Monaco,** in Europe, is the world's oldest country. 53.1

**Afghanistan** is the world's youngest, non-African country. 18.8

In North America, major economies have different age profiles

- Canada 42.2
- U.S.A. 38.1
- Mexico 28.3

35

42

31

**Japan's** population is significantly older than the rest of Asia. 47.3

18

31

22.7 22.1

**Belize** and **Guatemala** are the youngest countries in the Americas.

By 2100, close to half of the world's kids (age 0-4) will live in Africa.

33

| 2020 | 173M | 506M |
| 2100 | 293M | 377M |

Sub-Saharan Africa    Rest of World

THE MEDIAN AGE OF CONTINENTS
Africa has the world's youngest population, with a median age in the teens

Proportion of Pop.

SELECT AGE GROUPS
by continent

● Under 15 Years    ● Over 65 Years

41%

Africa is by far the world's youngest continent

Europe has the highest proportion of seniors.

26%    26%    24%    23%    19%    18%    16%    15%

9%    8%    8%    12%    3%

AFRICA    WORLD    LATIN AMERICA, CARIBBEAN    ASIA    OCEANIA    NORTH AMERICA    EUROPE

Source: VisualCapitalist.com – February 2019
(CIA World Factbook, Gates Notes, Statista)

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**Older and Growing**
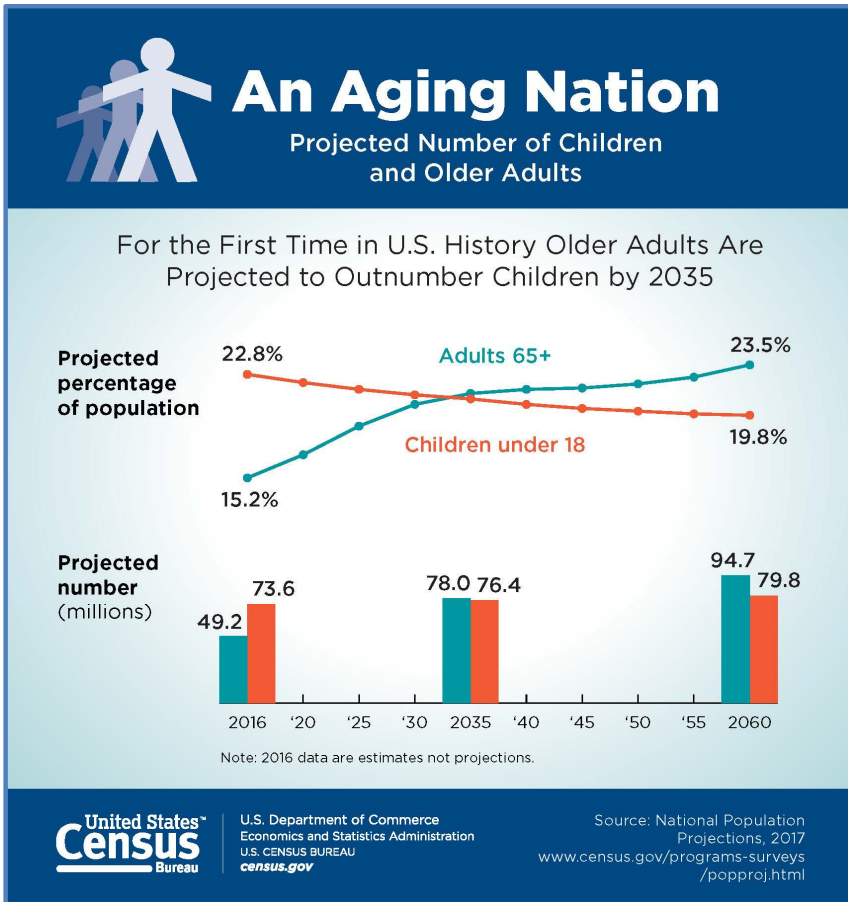**Percent Change Among the 65 and Older Population: 2010 to 2019**

- The population of the United States is rapidly aging.

- By 2030, one of every five people in the U.S. will be 65 or older.

- Orlando is actually on the lower end in terms of Median Age (33.9). However, Florida and Orange County are growing older in terms of Median Age.
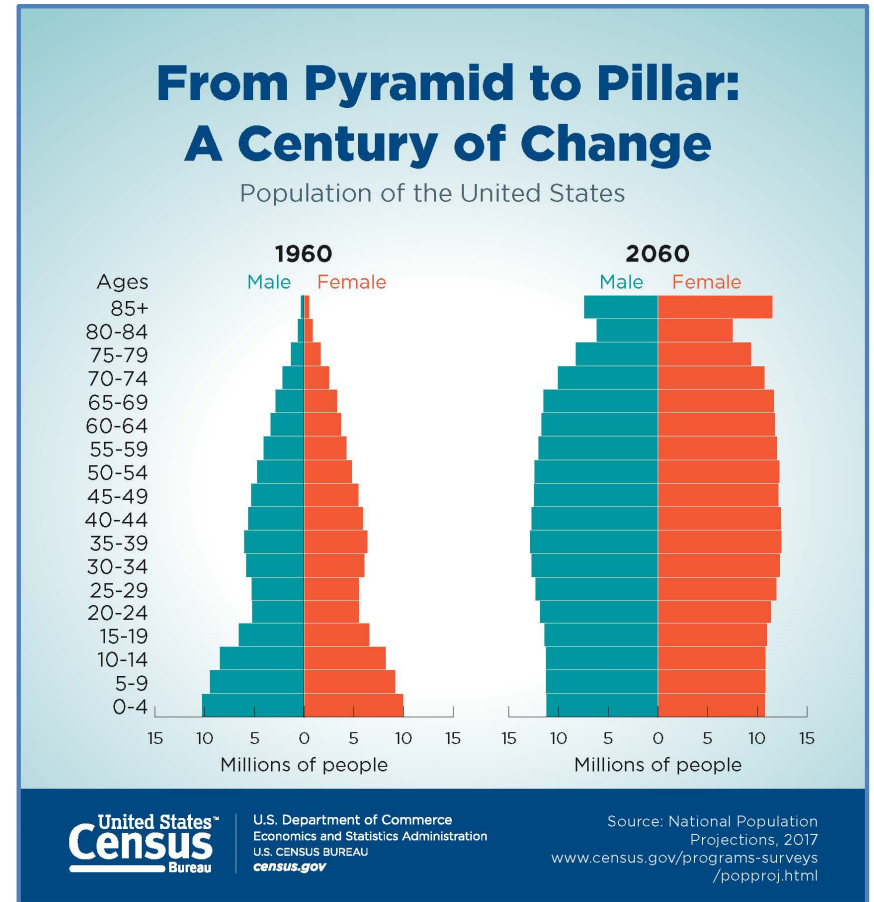
Percent change

- 60.1 and higher
- 30.1–60.0
- 15.1–30.0
- 0.1–15.0
- Decrease
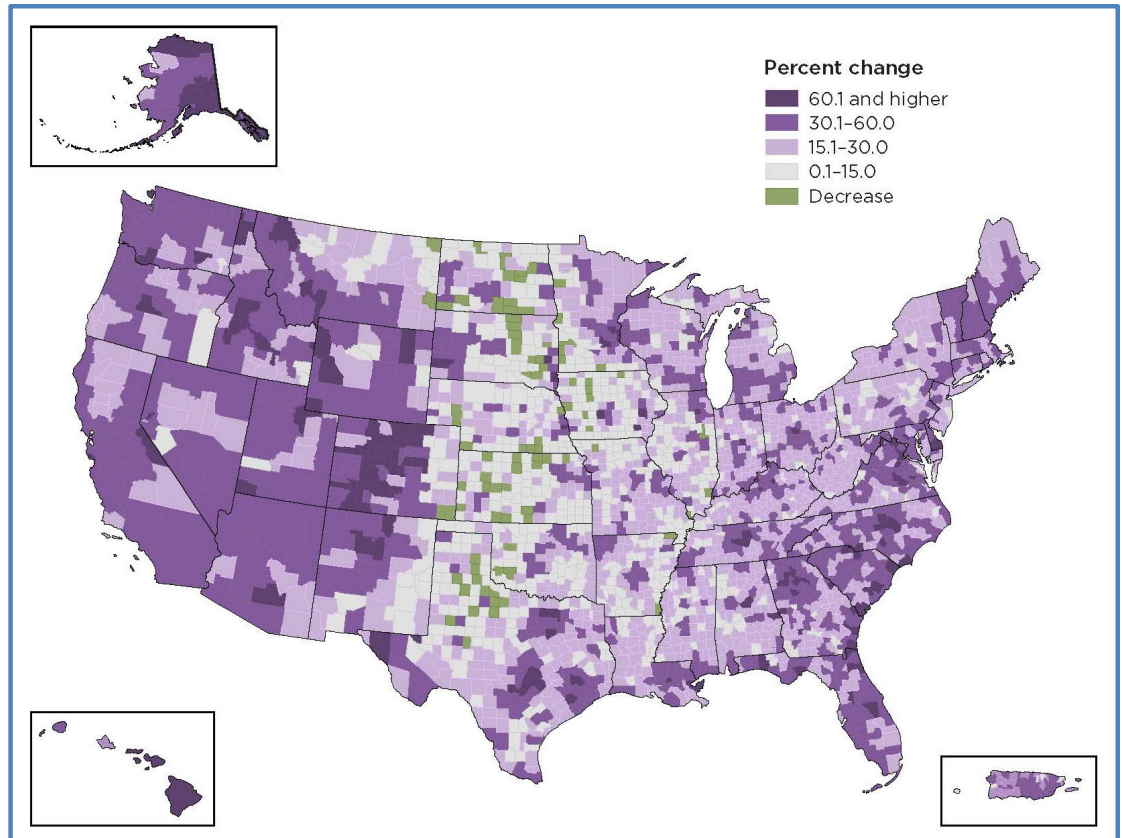
Source: Vintage 2019 Population Estimates
U.S. Census

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**An Aging Nation**
Projected Number of Children and Older Adults

For the First Time in U.S. History Older Adults Are Projected to Outnumber Children by 2035

Projected percentage of population

22.8% — Adults 65+ — 23.5%
15.2% — Children under 18 — 19.8%

Projected number (millions)

| | 2016 | 2035 | 2060 |
|---|---|---|---|
| Adults 65+ | 49.2 | 78.0 | 94.7 |
| Children under 18 | 73.6 | 76.4 | 79.8 |

2016  '20  '25  '30  2035  '40  '45  '50  '55  2060

Note: 2016 data are estimates not projections.

United States Census Bureau
U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU
census.gov
Source: National Population Projections, 2017
www.census.gov/programs-surveys/popproj.html

By 2035, the number of adults older than 65 will be greater than the number of children under 18.



**From Pyramid to Pillar: A Century of Change**
Population of the United States

1960 — Male  Female
2060 — Male  Female

Ages
85+
80-84
75-79
70-74
65-69
60-64
55-59
50-54
45-49
40-44
35-39
30-34
25-29
20-24
15-19
10-14
5-9
0-4

15  10  5  0  5  10  15
Millions of people

15  10  5  0  5  10  15
Millions of people

United States Census Bureau
U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU
census.gov
Source: National Population Projections, 2017
www.census.gov/programs-surveys/popproj.html

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AGE-FRIENDLY COMMUNITY

**A More Diverse Nation**
**Distribution of Race and Hispanic Origin by Age Groups**

- We are becoming a more diverse nation in every age group.

- In percentage terms, the highest growth has been in the Hispanic population.
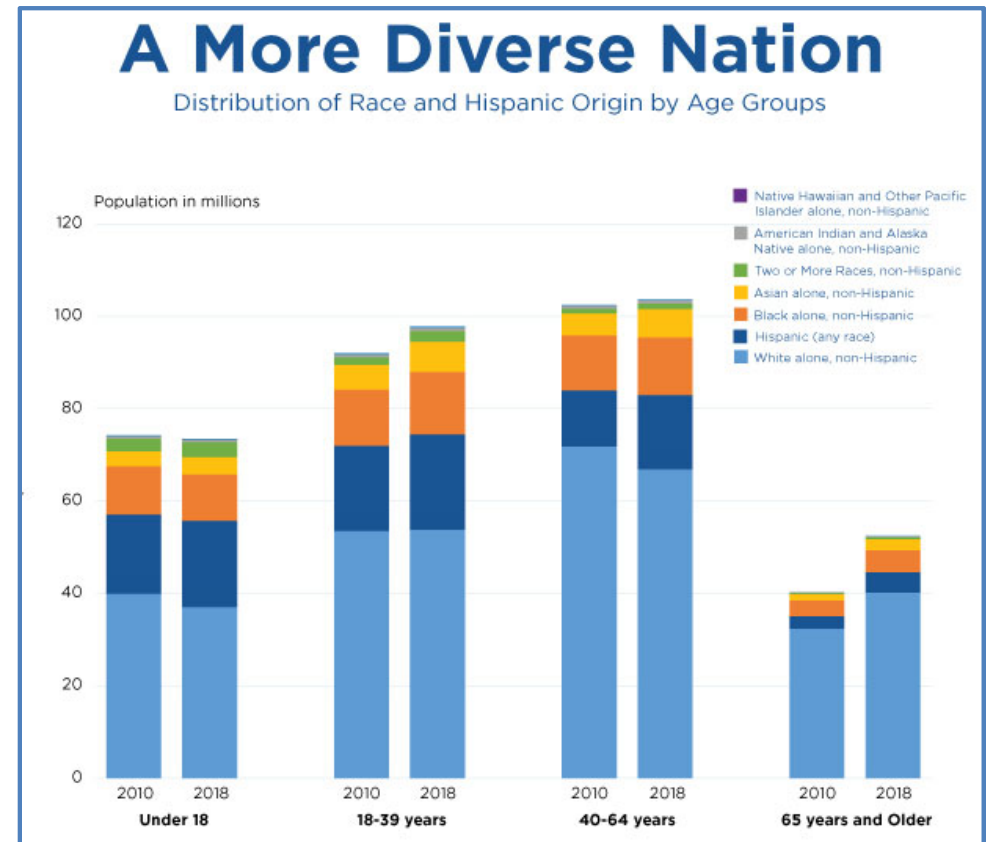


Source: Vintage 2018 Population Estimates
U.S. Census

## 2018 Profile of Older Floridians

### Florida Demographic Profile

The demographics section presents the population characteristics of those age 60 and older and examines traits about older Floridians, such as the number of veterans, voters, and drivers.

| Age Category | Value | Percent |
|---|---|---|
| All Ages | 20,840,568 | 100% |
| Under 18 | 4,178,384 | 20% |
| Under 60 | 15,262,987 | 73% |
| 18-59 | 11,084,603 | 53% |
| 60+ | 5,512,586 | 26% |
| 65+ | 4,134,536 | 20% |
| 70+ | 2,897,458 | 14% |
| 75+ | 1,863,667 | 9% |
| 80+ | 1,091,201 | 5% |
| 85+ | 562,037 | 3% |

Source: BEBR, 2019

| Gender | Value | Percent |
|---|---|---|
| Male | 2,503,774 | 45% |
| Female | 3,008,812 | 55% |

Source: BEBR, 2019

| Living Alone | Value | Percent |
|---|---|---|
| Male Living Alone | 388,649 | 34% |
| Female Living Alone | 753,165 | 66% |

Source: AGID 2012-16 ACS

| Educational Attainment (65+) | Value | Percent |
|---|---|---|
| Less than High School | 622,205 | 15% |
| High School Diploma | 1,222,176 | 30% |
| Some College, No Degree | 770,277 | 19% |
| Associates Degree or Higher | 1,312,231 | 32% |

Source: U.S. Census Bureau, 2013-2017 ACS

| Marital Status | Male | Female |
|---|---|---|
| Never Married | 131,350 | 140,444 |
| Percentage Never Married | 6% | 5% |
| Married | 1,609,505 | 1,347,405 |
| Percentage Married | 71% | 49% |
| Widowed | 218,130 | 808,155 |
| Percentage Widowed | 10% | 29% |
| Divorced | 322,145 | 462,610 |
| Percentage Divorced | 14% | 17% |

Source: AGID 2012-16 ACS

| Race and Ethnicity | Value | Percent |
|---|---|---|
| White | 4,798,088 | 87% |
| Black | 589,669 | 11% |
| Other Minorities | 124,829 | 2% |
| Total Hispanic | 872,100 | 16% |
| White Hispanic | 813,849 | 15% |
| Non-White Hispanic | 58,251 | 1% |
| Total Non-Hispanic | 4,640,486 | 84% |
| Total Minority | 1,711,427 | 31% |

Source: BEBR, 2019

| Driver License Holders | Value | Percent |
|---|---|---|
| Drivers | 5,028,482 | 30% |

Source: Florida Department of Highway Safety and Motor Vehicles, 2019

| Registered Voters | Value | Percent |
|---|---|---|
| Registered Voters | 4,974,432 | 35% |

Source: Florida Department of State, 2018

| Veterans | Value | Percent |
|---|---|---|
| Age 45-64 | 471,082 | 32% |
| Age 65-84 | 616,816 | 41% |
| Age 85+ | 153,731 | 10% |

Source: U.S. Department of Veterans Affairs

| Grandparents | Value | Percent |
|---|---|---|
| Living With Grandchildren | 265,690 | 5% |
| Grandparent Responsible for Grandchildren | 65,475 | 1% |
| Grandparent Not Responsible for Grandchildren | 200,190 | 4% |
| Not Living With Grandchildren | 4,683,055 | 85% |

Grandchildren are defined as being under the age of 18.
Source: AGID 2012-16 ACS

| English Proficiency | Value | Percent |
|---|---|---|
| With Limited English Proficiency | 425,506 | 8% |

Source: AGID 2012-16 ACS

## 2018 Profile of Older Floridians

### Orange County Demographic Profile

The demographics section presents the population characteristics of those age 60 and older and examines traits about older Floridians, such as the number of veterans, voters, and drivers.

| Age Category | Value | Percent |
|---|---|---|
| All Ages | 1,349,597 | 100% |
| Under 18 | 312,132 | 23% |
| Under 60 | 1,120,702 | 83% |
| 18-59 | 808,570 | 60% |
| 60+ | 228,895 | 17% |
| 65+ | 159,240 | 12% |
| 70+ | 103,824 | 8% |
| 75+ | 63,619 | 5% |
| 80+ | 36,855 | 3% |
| 85+ | 18,811 | 1% |

Source: BEBR, 2019

| Gender | Value | Percent |
|---|---|---|
| Male | 102,335 | 45% |
| Female | 126,560 | 55% |

Source: BEBR, 2019

| Living Alone | Value | Percent |
|---|---|---|
| Male Living Alone | 13,290 | 33% |
| Female Living Alone | 26,865 | 67% |

Source: AGID 2012-16 ACS

| Educational Attainment (65+) | Value | Percent |
|---|---|---|
| Less than High School | 29,269 | 18% |
| High School Diploma | 41,892 | 26% |
| Some College, No Degree | 24,679 | 15% |
| Associates Degree or Higher | 47,928 | 30% |

Source: U.S. Census Bureau, 2013-2017 ACS

| Marital Status | Male | Female |
|---|---|---|
| Never Married | 5,250 | 6,855 |
| Percentage Never Married | 6% | 6% |
| Married | 62,210 | 49,465 |
| Percentage Married | 71% | 46% |
| Widowed | 6,505 | 31,000 |
| Percentage Widowed | 7% | 29% |
| Divorced | 13,205 | 20,995 |
| Percentage Divorced | 15% | 19% |

Source: AGID 2012-16 ACS

| Race and Ethnicity | Value | Percent |
|---|---|---|
| White | 171,707 | 75% |
| Black | 43,762 | 19% |
| Other Minorities | 13,426 | 6% |
| Total Hispanic | 53,712 | 23% |
| White Hispanic | 48,097 | 21% |
| Non-White Hispanic | 5,615 | 2% |
| Total Non-Hispanic | 175,183 | 77% |
| Total Minority | 124,326 | 54% |

Source: BEBR, 2019

| Driver License Holders | Value | Percent |
|---|---|---|
| Drivers | 211,009 | 20% |

Source: Florida Department of Highway Safety and Motor Vehicles, 2019

| Registered Voters | Value | Percent |
|---|---|---|
| Registered Voters | 213,098 | 25% |

Source: Florida Department of State, 2018

| Veterans | Value | Percent |
|---|---|---|
| Age 45-64 | 25,400 | 38% |
| Age 65-84 | 21,391 | 32% |
| Age 85+ | 4,153 | 6% |

Source: U.S. Department of Veterans Affairs

| Grandparents | Value | Percent |
|---|---|---|
| Living With Grandchildren | 16,075 | 7% |
| Grandparent Responsible for Grandchildren | 3,390 | 1% |
| Grandparent Not Responsible for Grandchildren | 12,685 | 6% |
| Not Living With Grandchildren | 175,455 | 77% |

Grandchildren are defined as being under the age of 18.
Source: AGID 2012-16 ACS

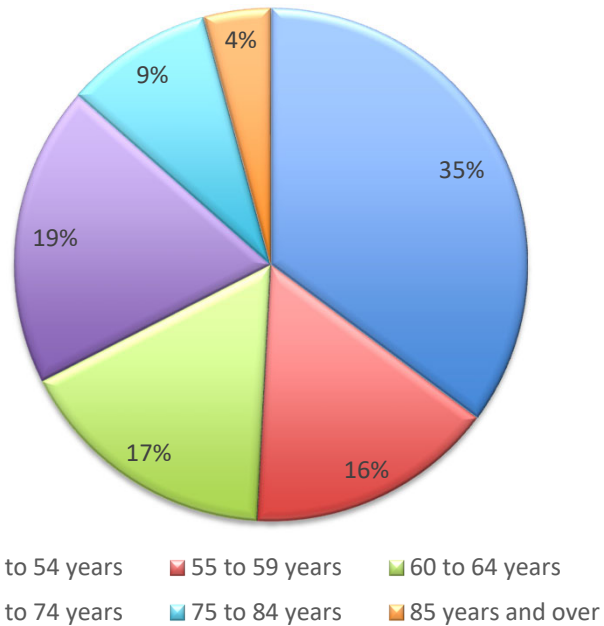| English Proficiency | Value | Percent |
|---|---|---|
| With Limited English Proficiency | 22,315 | 10% |

Source: AGID 2012-16 ACS

Note: The American Community Survey (ACS) requires a minimum of 50 cases in a geographic area and therefore a value of 0 may denote fewer than 50 seniors in a region.

20% of Florida's Population is 65+
12% of Orange County's Population is 65+

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## Age Breakdown 45+



Pie chart legend:
- 45 to 54 years
- 55 to 59 years
- 60 to 64 years
- 65 to 74 years
- 75 to 84 years
- 85 years and over

Pie chart values: 35%, 16%, 17%, 19%, 9%, 4%

**By the Numbers**

- 95,864 over 45 years of age (33.6%)
- 62,148 over 55 years of age (21.8%)
- 31,154 over 65 years of age (10.9%)
- The percentage of seniors in the City of Orlando (those aged 65+) has increased from 8.8% in 2010 to 10.9% in 2018.

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| | 2018 Estimate | Percent |
|---|---|---|
| **SEX AND AGE** | | |
| **Total population** | **285,705** | (X) |
| Male | 132,334 | 46.3% |
| Female | 153,371 | 53.7% |
| | | |
| Under 5 years | 19,493 | 6.8% |
| 5 to 9 years | 14,688 | 5.1% |
| 10 to 14 years | 13,518 | 4.7% |
| 15 to 19 years | 13,108 | 4.6% |
| 20 to 24 years | 18,909 | 6.6% |
| 25 to 34 years | 69,245 | 24.2% |
| 35 to 44 years | 40,880 | 14.3% |
| 45 to 54 years | 33,716 | 11.8% |
| 55 to 59 years | 15,031 | 5.3% |
| 60 to 64 years | 15,963 | 5.6% |
| 65 to 74 years | 18,221 | 6.4% |
| 75 to 84 years | 8,905 | 3.1% |
| 85 years and over | 4,028 | 1.4% |
| | | |
| Median age (years) | 33.9 | (X) |
| | | |
| 65 years and over | 31,154 | 10.9% |
| | | |
| 18 years and over | 228,787 | (X) |
| Male | 104,581 | 45.7% |
| Female | 124,206 | 54.3% |
| | | |
| 65 years and over | 31,154 | (X) |
| Male | 12,917 | 41.5% |
| Female | 18,237 | 58.5% |

# AARP Age-Friendly Communities

**The AARP Network of Age-Friendly States & Communities**
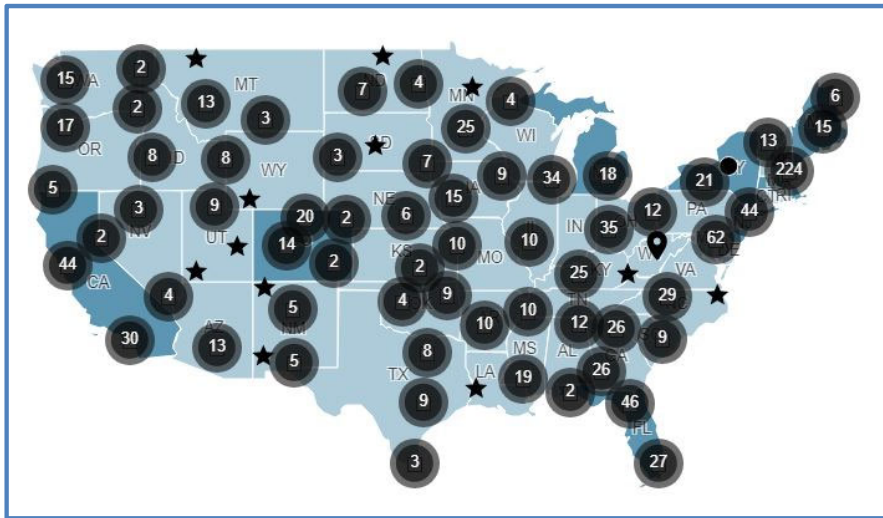


- The AARP Network of Age-Friendly States and Communities is the United States affiliate of the World Health Organization's Age-Friendly Cities and Communities Program, an international effort launched in 2006 to help cities prepare for rapid population aging and the parallel trend of urbanization.

- The program has participating communities in more than 20 nations, as well as 10 affiliates representing more than 1,000 communities.

- As of September 2021, there are eight states, one territory (U.S. Virgin Islands), and over 569 communities participating in the network.

- **Orange County has recently joined the network, allowing for even greater collaboration!**

- In the U.S., approximately 100 million people live in a town, city, county, territory, or state that has enrolled in the network.

- **Joining the network is the beginning of the process, not the end!**

# AARP Age-Friendly Communities

On October 28, 2019, the City of Orlando joined the AARP Network of Age-Friendly Communities. As a member of the network, we have committed to conducting a community assessment to determine our city's age-friendliness, to develop an action plan based on its findings and implement age-friendly initiatives.



Mayor Buddy Dyer, Commissioner Robert Stuart (District 3), State House Representative Anna Eskamani (District 47), Jeanne Curtin (Florida Department of Elder Affairs Director of Livable Communities), Jeff Johnson (AARP Florida State Director), and members of the Mayor's Committee on Livability & Healthy Aging (Mayor Beardall Senior Center).

# Assessment & Action Plan Process

Built Environment

Social Environment

## Florida Department of Health Data

### Population, Orange County, Florida - 2019

| Indicator | Measure | Year(s) | County Count | State Count |
|---|---|---|---|---|
| **Longevity** | | | | |
| 3-year Life Expectancy[1, 25] | Years | 2017-19 | 80.2 (80.1 - 80.4) | 79.8 (79.8 - 79.9) |
| **Population[1]** | | | | |
| Total | Count | 2019 | 1,389,297 | 21,268,553 |

| Indicator | Measure | Year(s) | County Count | County Percent/Rate | State Count | State Percent/Rate |
|---|---|---|---|---|---|---|
| <16 | Percent | 2019 | 273,799 | 19.7 | 3,748,989 | 17.6 |
| 16-17 | Percent | 2019 | 34,807 | 2.5 | 491,088 | 2.3 |
| 18-49 | Percent | 2019 | 670,654 | 48.3 | 8,444,933 | 39.7 |
| 50-54 | Percent | 2019 | 88,465 | 6.4 | 1,393,090 | 6.5 |
| 55-59 | Percent | 2019 | 84,316 | 6.1 | 1,468,052 | 6.9 |
| 60-64 | Percent | 2019 | 71,412 | 5.1 | 1,380,786 | 6.5 |
| 65-69 | Percent | 2019 | 56,831 | 4.1 | 1,267,986 | 6.0 |
| 70-74 | Percent | 2019 | 43,543 | 3.1 | 1,121,634 | 5.3 |
| 75-79 | Percent | 2019 | 27,840 | 2.0 | 829,643 | 3.9 |
| 80-84 | Percent | 2019 | 18,449 | 1.3 | 553,300 | 2.6 |
| 85+ | Percent | 2019 | 19,181 | 1.4 | 569,052 | 2.7 |
| Elder Dependency Ratio (16-64: 65+) | Ratio | 2019 | | 100:17.5 | | 100:32.9 |
| Youth Dependency Ratio (16-64: <16) | Ratio | 2019 | | 100:28.8 | | 100:28.4 |

## 500 Cities: Local data for better health

The 500 Cities project is a collaboration between CDC, the Robert Wood Johnson Foundation, and the CDC Foundation. The purpose of the 500 Cities Project is to provide city- and census tract-level small area estimates for chronic disease risk factors, health outcomes, and clinical preventive service use for the largest 500 cities in the United States. These small area estimates will allow cities and local health departments to better understand the burden and geographic distribution of health-related variables in their jurisdictions, and assist them in planning public health interventions. See bottom of page for the note for data users. Learn more about the 500 Cities Project.

## Other Sources of Data & Analysis:

- AARP Livability Index
- Florida Department of Elder Affairs Documents
- Senior Resource Alliance Documents
- Community Health Improvement Plan (CHIP)
- City of Orlando Documents
- ICMA Planning for All Ages Survey
- FPR Master Plan Survey
- Central Florida Foundation – Table Talks Data
- Orlando's Age-Friendly Community Livability Survey

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AGE-FRIENDLY COMMUNITY

# Assessment – Age-Friendly Community Survey Results



The City of Orlando invites you to take our
*Age-Friendly Community Survey*

All residents age 45+ are encouraged to take this comprehensive survey to tell us how we can make Orlando a more livable and age-friendly city.

To take the survey and get more information, visit **orlando.gov/agefriendly**.



- Survey went "live" on October 28, 2019.

- We made a concerted effort to obtain both on-line responses and in-person responses (200+ paper survey responses were received) which were distributed to our recreation centers with senior programs.

- We attended multiple events (prior to the Covid-19 shutdown), including neighborhood meetings, Orlando's Black History Month reception, the Motown Goes Gospel event at Dr. Smith Center, seven (7) Future Ready City community meetings in each City Commission district, What's Up Downtown, and the Mayor's Neighborhood & Community Summit.

- Based on the City's resident population of 298,362 (April 1, 2020 BEBR), we were hoping to receive at least 800 responses from people 45+, and 1,000+ overall.

- To date, we have received a total of 1,226 responses, with 1,003 of those being people 45+ in age.

# Assessment – Age-Friendly Community Survey Results
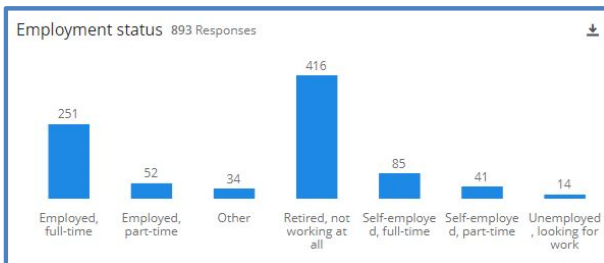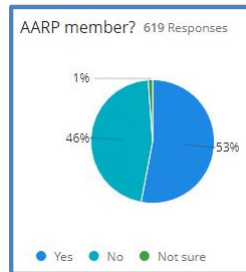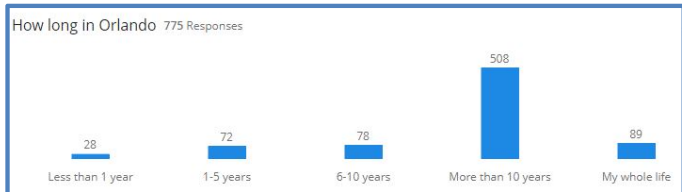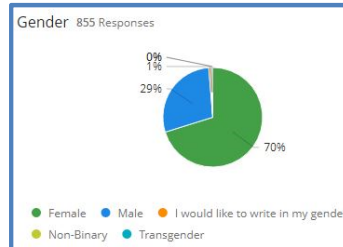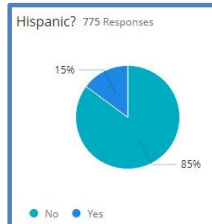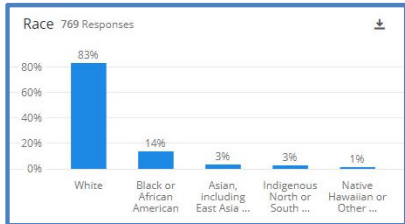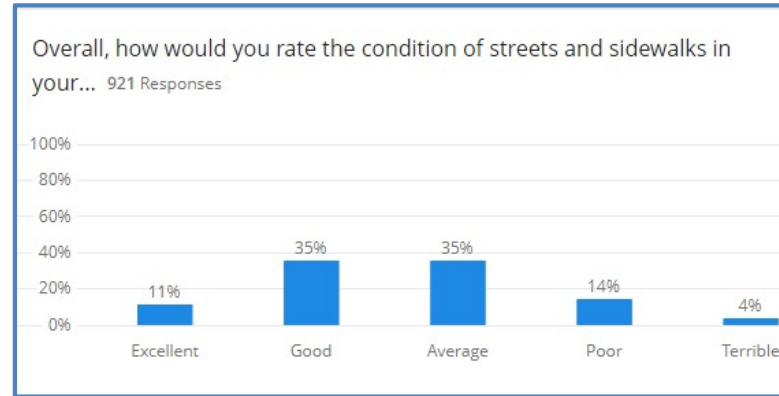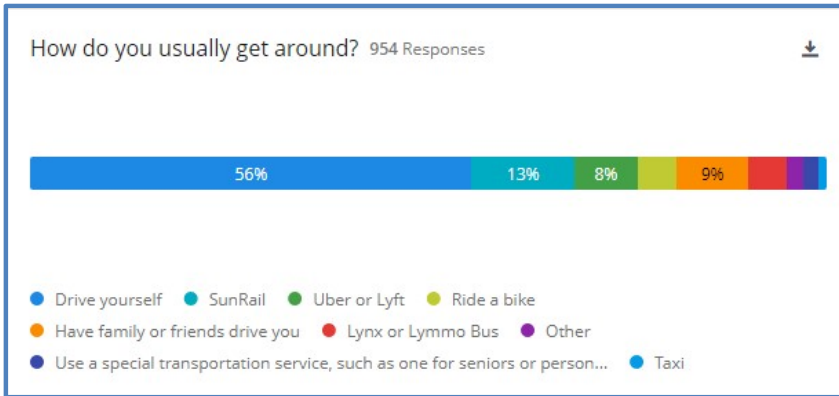


**Who Responded?**

- 1,226 total responses, with 1,003 of those being people 45+ in age.

- Our 45+ sample population self-identified as 83% White, 14% African-American, 3% Asian, and 15% Hispanic.

- The percentages for African-American and Hispanic respondents fell short of Orlando's overall percentages (26% & 31% respectively).

- Our respondents also skewed primarily homeowner (81%) and predominantly female (70%).

- Most respondents have lived in Orlando for more than 10 years.

# Age-Friendly Community Livability Survey Results

## Built Environment – Transportation (Livability Domain #1; Respondents 45+)

Safe and reliable transportation options to increase mobility and community participation.



How do you usually get around? 954 Responses

56% — Drive yourself
13% — SunRail
8% — Uber or Lyft
9% — Have family or friends drive you

● Drive yourself  ● SunRail  ● Uber or Lyft  ● Ride a bike
● Have family or friends drive you  ● Lynx or Lymmo Bus  ● Other
● Use a special transportation service, such as one for seniors or person…  ● Taxi



Overall, how would you rate the condition of streets and sidewalks in your… 921 Responses

| Excellent | Good | Average | Poor | Terrible |
|-----------|------|---------|------|----------|
| 11% | 35% | 35% | 14% | 4% |



Transportation 741 Responses

Think conditions of streets are good: 45%
Think public transportation is accessible: 26%

- Transportation was considered very important to respondents, but existing infrastructure ranked fairly low. 46% of respondents feel that our streets and sidewalks are in excellent to good condition in their neighborhood, most people drive themselves (56%), and only 26% think public transit is accessible.

- Respondent Comments:

*"I think it would be a better place to live as I age if there was better public transportation…and I could walk to restaurants and shopping. I really want to live in a walkable city, and I'm not sure Orlando is that place."*

*"Transportation accessibility worries me as I age. If I had to give up my car, I would be stranded and disconnected. This continues to concern me as I age."*

*"If you are healthy and can drive, and have the money, the City of Orlando is an excellent place to live. But public transportation is lacking away from the city center…there is an extreme lack of public transportation from neighborhoods (where seniors live) to entertainment."*

# Age-Friendly Community Livability Survey Results

**Built Environment – Housing (Livability Domain #2; Respondents 45+)**

Appropriate and affordable housing that promotes and supports aging in place.
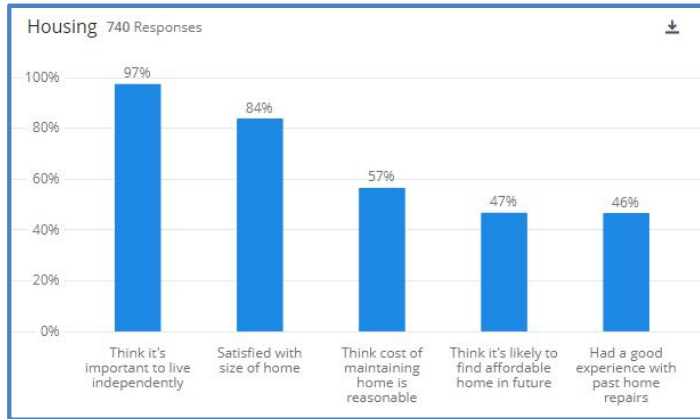


- 97% of respondents think it's important to live independently as they age, and the two factors they worry about most are a lack of public transportation and housing affordability.
- More than half (53%) think it's likely they'll move to another home, but less than half (47%) think it's likely they'll be able to find an affordable home in the future.
- Respondent Comments:

*"My greatest concern is affordable housing, as I age. Being able to maintain my current home for as long as I am physically able to live independently. Then, being able to afford to live in a retirement community that provides assisted living and progresses to full time care when needed."*

*"I'd like to see truly walkable neighborhoods. I'd like to see multigenerational housing complexes in the city."*

*"I don't want to leave, but all the 55+ communities seem to be outside the City; it is a shame that we don't make keeping our seniors here more of a priority. This is a young person's city – let's change some of that. Dedicate land for senior housing, in the City core where we can walk to take care of most things."*

*"Extremely important for both young and those aging to have affordable rent. I do NOT want to live in a "senior" community. Age diversity is very important to keep a "youthful" attitude, outlook…"*
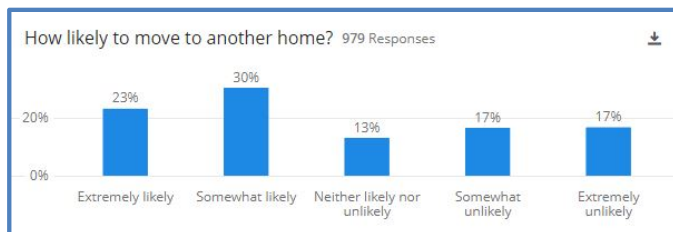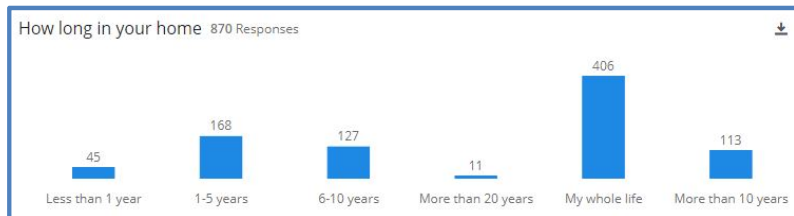
## Built Environment – Outdoor Spaces & Buildings (Livability Domain #3; Respondents 45+)

Accessible, inviting, and safe outdoor spaces and buildings that encourage active participation and recreation.
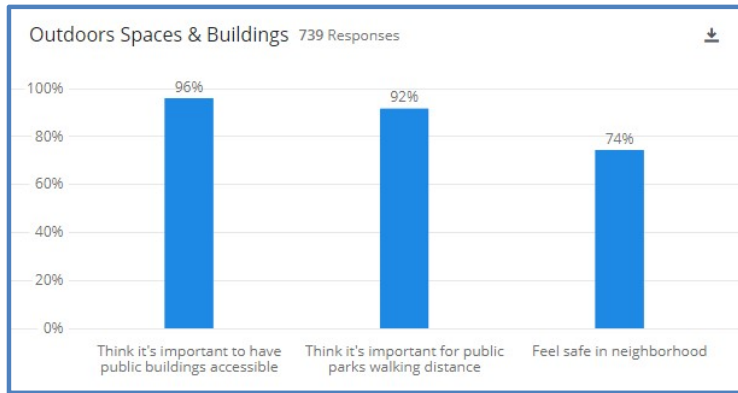


- 96% of respondents think it's important to have accessible public buildings.

- 92% of respondents feel that it's important for our public parks to be located within walking distance of their homes. This is something we are addressing in the new Parks Master Plan with a 10-minute walk-to a park analysis.

- 74% of respondents say they feel safe in their neighborhoods.

## Respondent Comments:

*"I am very satisfied with the City of Orlando as a place to live as I age. The climate is great. I am located in an area where as long as I can walk, I can get to all the services I need for daily life including excellent services for seniors at the College Park Recreation Center and Pool."*

*"Some buildings do not have a handicap ramp or doors. It is difficult for an individual to hold the door and push someone in. This is very discouraging. Need more dementia friendly restaurants in the City. It is difficult to go out with someone with Alzheimer's/dementia. One example was there were stairs and it made it more challenging to get to the table."*

*"My area is systematically designed to be inaccessible and unsuitable for aging people."*

*"I've noticed that more affluent neighborhoods have more parks close in walking distance that are well maintained with little restrictions. However, in the more urban area the parks are not in walking distance and if they are, they are not maintained and nice, they lack upgrades and there are restrictions on use."*

*"I LOVE all the parks in Orlando. I would like to see some creative additions like talking benches or art installations, or water features."*

*"I love Orlando but we need to do more to build a world-class city. We need better transportation and safer outdoor areas, better healthcare, entertainment, and a baseball team!"*

## Social Environment – Social Participation (Livability Domain #4; Respondents 45+)

Easy access to social and cultural activities for increased quality of life.



Respect and Social Inclusion — 725 Responses
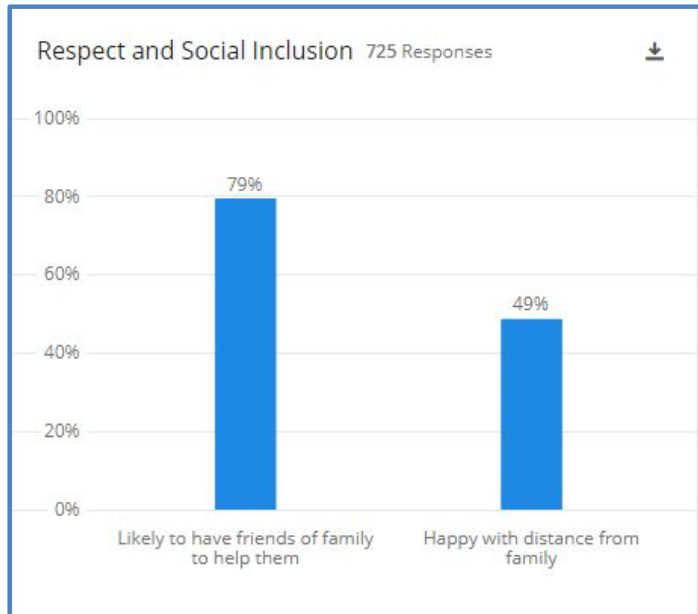
- 79% of respondents said that they are likely to have friends or family available to help them.

- 49%, or a little less than half, are happy with the physical distance from their family.

Respondent Comments:

*"Can City coordinate with both healthcare institutions and art institutes to provide coordinated events/seminars for elderly or retired? Also, provide more event details for senior and community centers on City website."*

*"I live at the very south end of the City in an older and lower income neighborhood. Many of the nicer resources and accessibility seem to be in the newer, more affluent neighborhoods. This makes staying connected very difficult for the very people who probably need it most but have fewer resources to access it on their own."*

*"We need better connections for seniors. Events to gather and share, feel loved and valued so seniors who have lost family members feel less lonely. Group homes, senior health care, events, are needed."*

*"I wish that there would be a place where seniors who do not have one foot in the grave can get together and learn, play, and enjoy."*

*"The majority of activities in Orlando are targeted at young adults. I wish there was more socialization for spry 88-year olds."*

*"Having lived in this neighborhood over 40 years, I feel lucky to be in a good community of caring people to help if called upon…"*

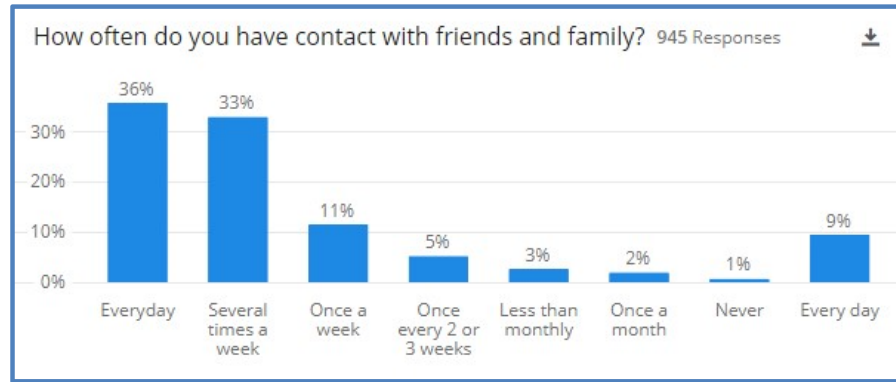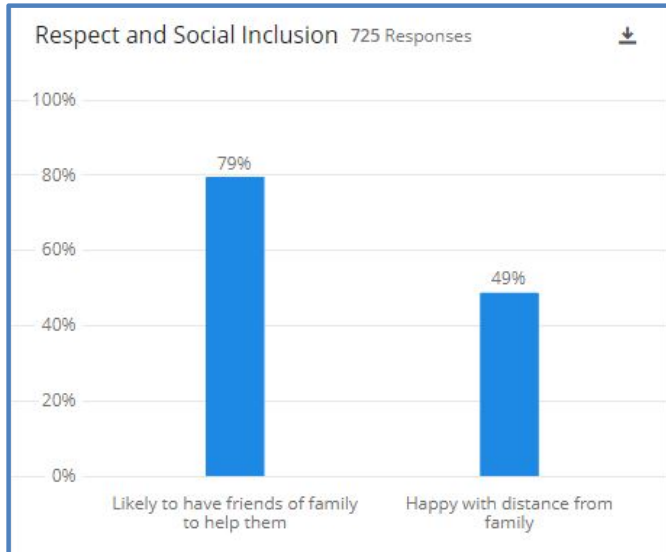*"More accessible, up-to-date and welcoming community centers will be advantageous…"*

*"There are so many activities for seniors – perhaps a book listing all art, music classes, etc., would be helpful as many of us hate the internet."*

CITY OF ORLANDO
AGE-FRIENDLY COMMUNITY

# Age-Friendly Community Livability Survey Results

**Social Environment – Respect & Social Inclusion (Livability Domain #5; Respondents 45+)**
Actively promotes, engages, and celebrates the valuable contributions of all adults in the community.
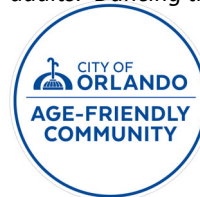


Respect and Social Inclusion 725 Responses



How often do you have contact with friends and family? 945 Responses

- On the issue of social isolation, 79% of respondents said they feel connected to others, and a plurality of 78% said they have contact with friends and family at least several times a week (45% everyday and 33% several times a week).

Respondent Comments:

*"I believe we need to do more to bridge the gap between the seniors and the younger generation. Education and understanding with social gatherings between the two. Possibly going old school door-to-door."*

*"I'm seriously concerned about aging in the City of Orlando. My condo needs repairs and updating which I might not be able to afford and if I have to move out of my home I don't think I could get affordable housing in a safe environment in the City. Luckily, I have friends who would help me if needed, but many do not have a safety net. I feel there is much that the City needs to implement for it to be elder livable."*

*"Focus on inter-generational activities that older adults can be more involved in; focus on social activities for working older adults. Dancing that's free and open to the public (the Villages town squares)…"*

*"…every time I hear about something interesting, it's always in Winter Park. They say it's because that's where the older people live! HA…we need more things for seniors in other parts of Orlando…"*

## Social Environment – Civic Participation & Employment (Livability Domain #6; Respondents 45+)

Opportunities to contribute in the workplace and volunteer to make a difference in the community.



Civic Participation and Employment  732 Responses
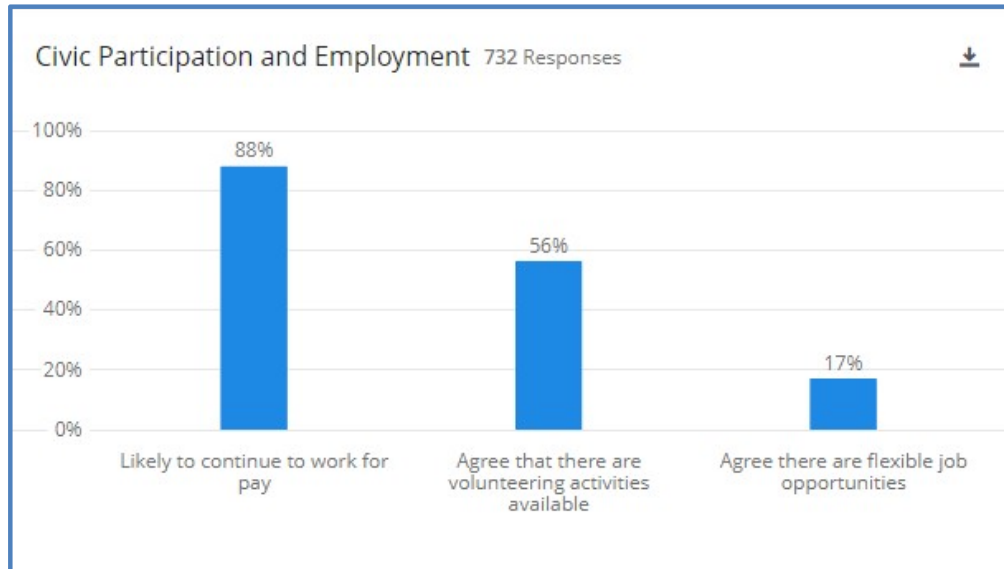
- In regards to civic participation and employment, 88% said they are likely to continue to work for pay, but only 17% agree that there are flexible job opportunities.

- Only 56% felt that there are appropriate volunteering activities out there

**Respondent Comments:**

*"I'm concerned with age discrimination when it comes to looking for work."*

*"I signed up a while ago on a City website about volunteering and have absolutely never been contacted or connected. I sought out my own volunteering at Leu Gardens and have been pleased with the opportunity…but the City did not help at all and I was disappointed. I have lived in Florida most of my life, but I am relatively new to Orlando. The hardest part about my move here has been connecting with people…"*

*"The City is vibrant and filling up with youth. It is growing at a pace that scares me. My sister and I have discussed that be both feel "Orlando is leaving us behind". We have lived here since the mid-70s…We have strongly considered leaving. She and her husband have been seeking employment for the last 2 years. Both have masters degrees, both have enormous talent and experience, both take immense pride in their work. They get invited to an interview and then, they are overlooked…TIME AFTER TIME. There is no other reason that explains this across the board losing out to another candidate except for their age which is over 65. There is NOT another reason except for the gray hairs on their head and some wrinkles setting in…this city is all about youth and children but very biased against the elderly. It's abundantly clear every day. It is not senior friendly or respected. And Orlando should be worried about that."*

*"…I also think there are many jobs that could be done by seniors and which would give theme more purpose and income. If there is an organization that helps with things like this, I don't know about it. I don't recall seeing anything from the City about resources for seniors."*

# Age-Friendly Community Livability Survey Results

**Social Environment – Community Support & Health Services (Livability Domain #7; Respondents 45+)**

Access to affordable, person-centered health care and social services to promote active and independent living.
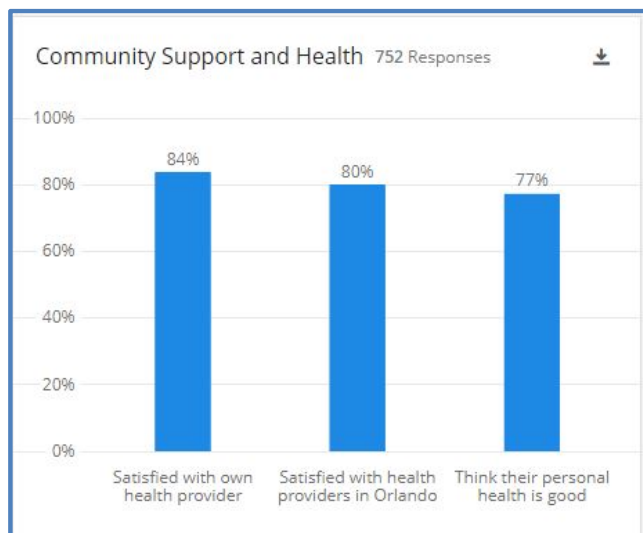


- 80% of respondents are satisfied with healthcare providers in Orlando

- 84% of respondents are satisfied with their own healthcare providers

- 77% of respondents think their personal health is good

Respondent Comments:

*"I'm concerned about my access to health care, (primary care, specialists, etc.), access to groceries, pharmacies, and access to public transportation. It appears as though the City's focus is on attracting and retaining millennials and gen Y."*

*"I feel that it is extremely important to offer affordable housing for the elderly. Many only receive Social Security and others are working so hard, to make a living that is barely enough and are still not eligible for food stamps. The elderly should have access to free health care and food assistance due to their age. This would be one less thing to worry about and would make life easier for them."*

*"I became visually impaired a few years ago and the City isn't as friendly for blind people as it should be, something I never noticed before and have heard the same thing from others with disabilities. Lack of suitable transport is a big problem. Medical transport is inefficient and unreliable, regular transport gets expensive and many are afraid of being taken advantage of."*

*"I am not able to visit a lot of the local shops because there are either no walkways or entrances I can use. The sidewalks on Mills/50 are impossible to go down if you are in a large wheelchair. Also, I am unable to find a taxi that can accommodate me. No Ubers or Lyfts are accessible either. Basically, if you are a morbidly obese person in Orlando, you have to stay in your residence. There is no affordable way to get around."*

*"The only concern I have is that the City of Orlando has limited resources for elderly residents. Additional funding from the City of Orlando's budget should be allocated to local social service agencies to increase assistance for elderly Orlando residents."*

# Age-Friendly Community Livability Survey Results

## Social Environment – Communication & Information (Livability Domain #8; Respondents 45+)

Increased access to information through various methods including print, TV, and digital.
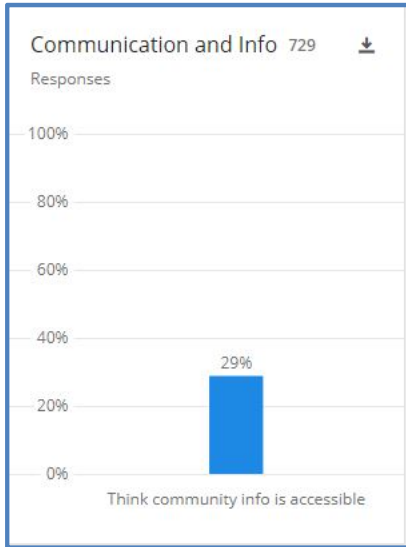


- Only 29% of respondents think community information is accessible.
- Respondent Comments:

**Why Do You Think Community Information Is Not Accessible?**
*"If they have difficulty leaving their homes, they only have traditional modes of communication (TV, radio, newspaper). Most people don't receive local papers at their home. Usually people use TV and radio for entertainment, and may overlook any community information that appears there. TV news is fast-paced and doesn't really spend a lot of time on community information for seniors. The internet is an option, but those who are low-income may not have internet. Many seniors are not internet savvy either. They could call, but today there are no phone books (only internet directories) and if they have not phone or don't know how to navigate a smart phone, they may have a hard time pinpointing and reaching out to organizations that provide information."*

**What Type Of Information Do You Think Needs To Be More Accessible?**
*"1. The type of services and how to access those services. 2. Community events (arts, entertainment, sports, etc.). 3. Situations relating to crime and personal safety. 4. Need to know and good to know telephone numbers."*

*"Anything and everything that may pertain to seniors and their options to live, survive, and thrive in Orlando."*
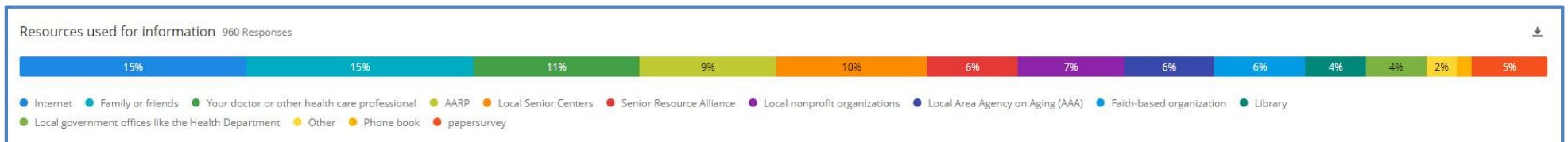


*"The senior centers are fantastic & should be promoted more. My mother is 94 & I find the systems for getting help for her are very fragmented. You can't go to one place & get all the info you need, & and the different places tell you different things…"*

*"There is a generation that still likes tangible reading material, such as mail and newspaper delivery. Teaching seniors about using smartphones and how to use Uber/Lyft or grocery delivery may be useful in the event they need immediate assistance."*

# Assessment – Age-Friendly Community Survey Update

**General Comments**

*"There are not enough places for socialization for older adults, Downtown caters to 20-somethings.  As a former NYer (city), and a often visitor I noticed a big difference between the two cities.  My friends and I socialize a lot but often we end up at home because there aren't enough places for us to feel comfortable.  Orlando caters to young broke people!"*

*"We need more sidewalks, on both sides of collector streets, in better condition, with ramps facing the direction of travel – not dumping wheelchair users at an angle into the intersection.  Better enforcement of crosswalks.  More favorable ped signals (always on with green + lead phases)."*

*"I am so impressed that you are putting a focus on this specific topic.  I actually owned and worked in senior home healthcare for the last 15 years…my frustration for the truly "elderly" seniors was multifaceted…I saw many people not having transportation to and from appointments and very few resources for some of them to use…for those who cannot afford in-home help, they are very "trapped", particularly whose who do not qualify for Medicaid.  Thank you for asking and for caring!"*

*"I think there's room for improvement.  In many instances, Orlando has a fairly significant population of seniors because retirees have themselves chose to remain here – not because Orlando has made a concerted effort to have/keep them here.  Whereas seniors share many of the same challenges as other citizens (e.g., transportation, parking), they also have challenges that warrant a focused approach from the city."*

*"Orlando is beautiful and becoming more and more vibrant.  Unfortunately, I think the elderly are being left behind…Orlando needs to lead the way in innovative changes that include taking care of the elderly by implementing programs that will ensure that the aged population can be monitored and can receive the care they need in order to live a healthy, vibrant life."*

*"I feel that the idea of what a 45+ person is in today's age must change & that's where you need to start.  Today's aging population is not our grandmothers/grandfathers of yesteryear.  We are much more active, technologically included, modern, open-minded, socially connected, healthy & look much younger.  Keep that in mind!!!"*

*"We've only been residents for a few weeks.  So far I'm very impressed with Orlando.  Please do something about your HOT summers.  Don't think I'm ready for that."*

*"I love Orlando and have been here my whole life.  I've seen our city grow into a great place to be."*

# Upcoming Dates – Action Plan Process

| Event | Date |
|---|---|
| Municipal Planning Board – Overview | September 21, 2021 |
| Mayor's Committee on Livability & Healthy Aging Meetings #6 through #9 | September 22, 2021<br>November 17, 2021<br>January 26, 2022<br>February 23, 2022 |
| Series of Public Presentations on Draft Action Plan with Neighborhood Groups | February/March 2022 |
| Mayor's Committee on Livability & Healthy Aging Meeting #10<br>(Preliminary Review of Entire Action Plan) | March 23, 2022 |
| Municipal Planning Board Workshop | April 19, 2022 |
| Mayor's Committee on Livability & Healthy Aging Meeting #11<br>(Final Review and Approval of Action Plan) | May 25, 2022 |
| Fun/Educational Event TBD (Older Americans Month) | May 2022 |
| City Council Workshop – Presentation of Action Plan | June 2022 |
| City Council Hearing – Acceptance/Approval of Action Plan | July/August 2022 |
| Action Plan forwarded to World Health Organization (WHO) | August 2022 |
| Celebration Event | September 2022 |

# Cross-Pollination of Planning Efforts

We will do our best to cross-pollinate our Age-Friendly effort with the following:

- Green Works Orlando Community Action Plan (Sustainability/Resiliency)
- Future-Ready City Master Plan
- Parks Master Plan
- Downtown Master Plan
- Complete Streets Strategy (Implementation)
- Orlando Transportation Guidelines
- Vision Zero Action Plan
- Regional Affordable Housing Initiative (Implementation)
- Orange County Housing For All 10-Year Action Plan (Implementation)
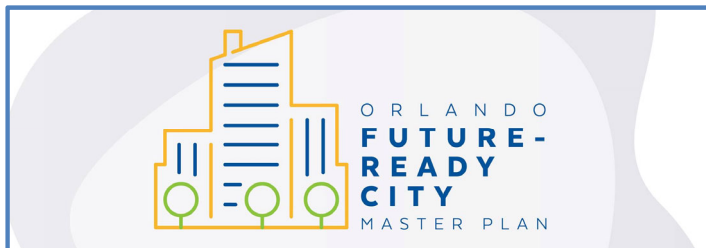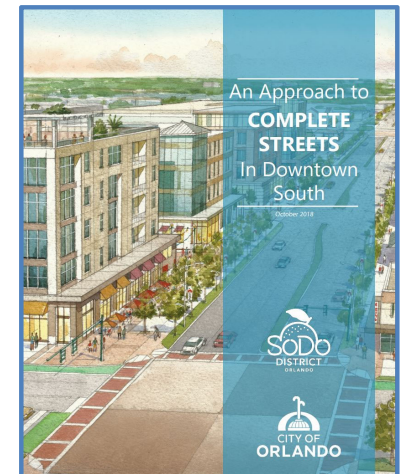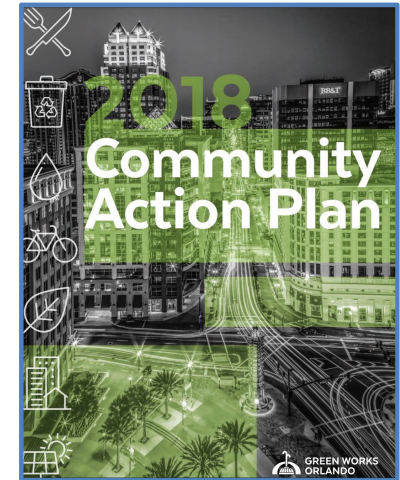
# 2021 AARP Community Challenge Grant – "Tables of Connection"



*After reviewing over 3,560 applications across the United States (144 applications in Florida), AARP selected the "Tables of Connection" project with an award of $20,000. Orlando is one of 243 total grantees from across the country, with 8 grantees located here in Florida. This is a quick action grant with project completion set for early November.*
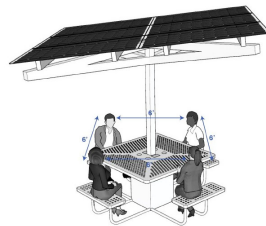


**Project Details**

- Purchase and installation of wheelchair-accessible, solar-operated table and shade structure in two neighborhood parks:  Prince Hall Park  and Willows Park.
- Outfitted with Wi-Fi hotspots and charging stations, each table will connect residents to the internet, charge up to 4 wireless devices and power 4 laptops at once.
- The tables will bring needed connectivity to two neighborhoods in which 57% and 33% of residents, respectively, lack broadband service – much higher than the Orlando average of 18%.
- Rated for 175 mph winds, each table can provide critically important services to residents after a storm or other natural disaster, allowing people to charge their phones, call loved ones, restore services, and get to emergency information during a power outage.
- Local artists will decorate the concrete pads upon which the tables sit, providing a colorful, unique park amenity.

# And Now For Something Completely Different



Submissions opened on August 23, 2021
Submission period ends on November 19, 2021 at 5 p.m.

https://www.orlando.gov/Our-Government/Departments-Offices/Executive-Offices/Office-of-Community-Affairs/Participate-in-the-Words-Wonders-Poetry-Contest

# Questions/Discussion

**Please visit our Livable Orlando: An Age-Friendly Initiative Website**
**https://www.orlando.gov/Community-Programs-Events/AARP-Age-Friendly-Community**