Livable Orlando: An Age-Friendly Initiative

Mayor's Committee on Livability & Healthy Aging
November 20, 2019

Presented by
Paul S. Lewis, FAICP

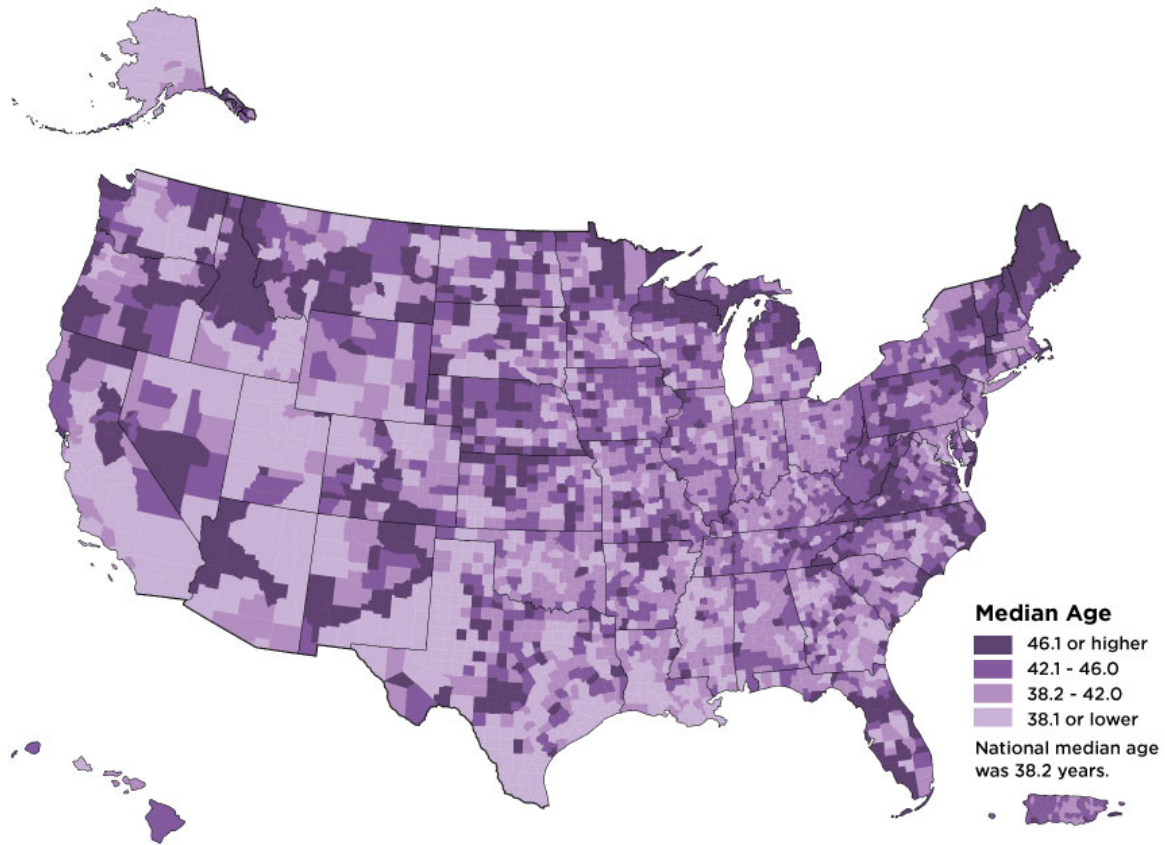CITY OF
ORLANDO

Topics for Today

- Setting the Stage – Background Data

- Summary of AARP Livability Index

- Livability/Age-Friendly Community Survey Update

- Outline of Action Plan

- Schedule/Timeline for the Action Plan Process

- Blue Zones Update

Midwest Counties Are Getting Younger

Median Age Change: 2010 to 2018
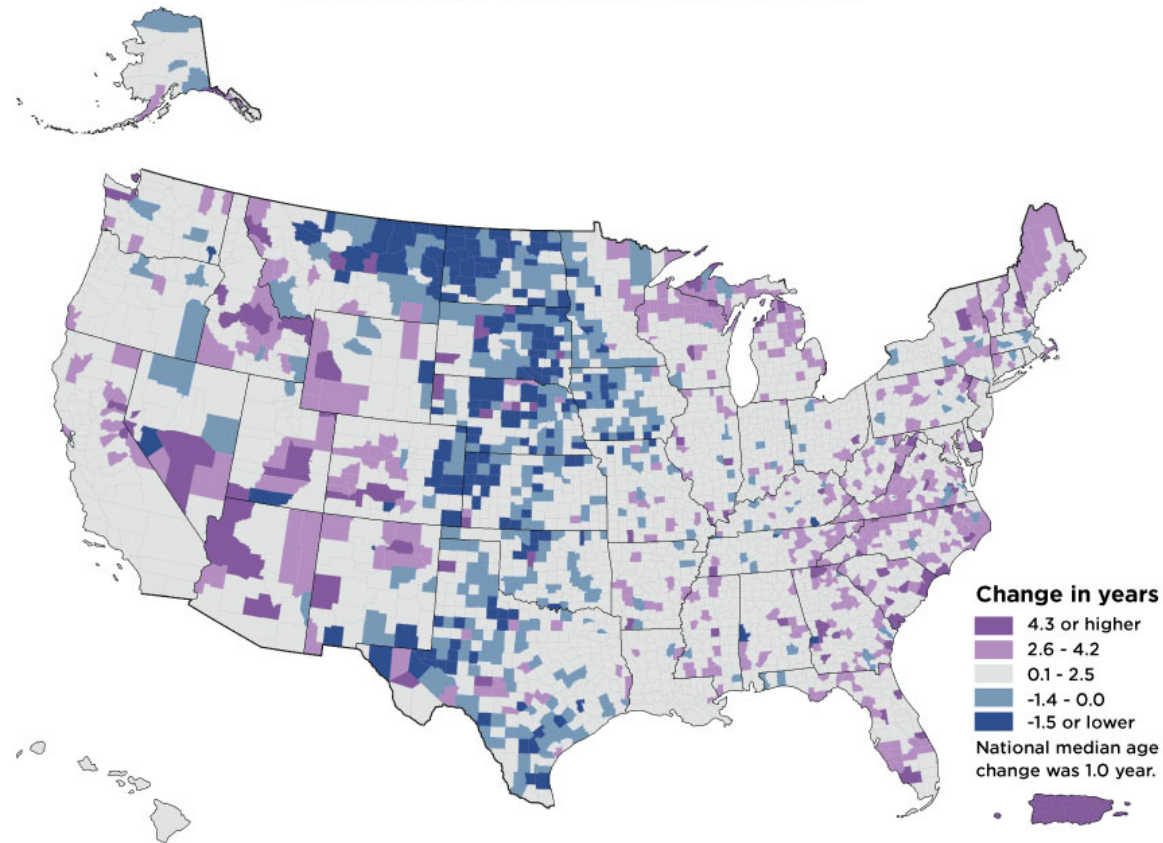
Change in years
- 4.3 or higher
- 2.6 - 4.2
- 0.1 - 2.5
- -1.4 - 0.0
- -1.5 or lower

National median age change was 1.0 year.
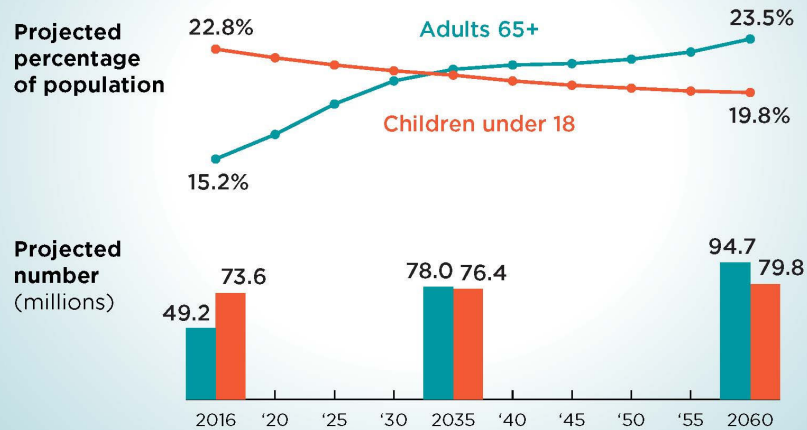
United States Census Bureau

U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU
census.gov

Source: Vintage 2018 Population Estimates
www.census.gov/programs-surveys/popest.html

Setting the Stage – Background Data

2018 Profile of Older Floridians

Florida Demographic Profile

The demographics section presents the population characteristics of those age 60 and older and examines traits about older Floridians, such as the number of veterans, voters, and drivers.
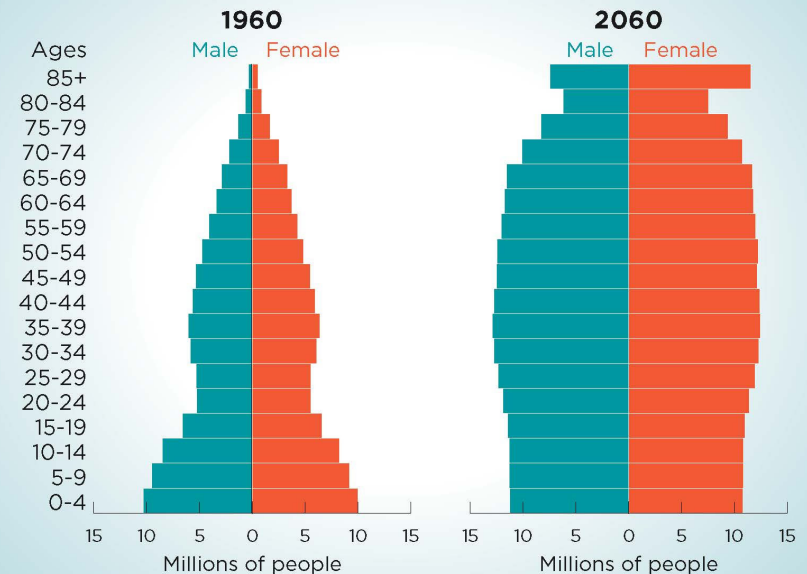
Age Category	Value	Percent
All Ages	20,840,568	100%
Under 18	4,178,384	20%
Under 60	15,262,987	73%
18-59	11,084,603	53%
60+	5,512,586	26%
65+	4,134,536	20%
70+	2,897,458	14%
75+	1,863,667	9%
80+	1,091,201	5%
85+	562,037	3%

Source: BEBR, 2019

Gender	Value	Percent
Male	2,503,774	45%
Female	3,008,812	55%

Source: BEBR, 2019

Living Alone	Value	Percent
Male Living Alone	388,649	34%
Female Living Alone	753,165	66%

Source: AGID 2012-16 ACS

Educational Attainment (65+)	Value	Percent
Less than High School	622,205	15%
High School Diploma	1,222,176	30%
Some College, No Degree	770,277	19%
Associates Degree or Higher	1,312,231	32%

Source: U.S. Census Bureau, 2013-2017 ACS

Marital Status	Male	Female
Never Married	131,350	140,444
Percentage Never Married	6%	5%
Married	1,609,505	1,347,405
Percentage Married	71%	49%
Widowed	218,130	808,155
Percentage Widowed	10%	29%
Divorced	322,145	462,610
Percentage Divorced	14%	17%

Source: AGID 2012-16 ACS

Race and Ethnicity	Value	Percent
White	4,798,088	87%
Black	589,669	11%
Other Minorities	124,829	2%
Total Hispanic	872,100	16%
White Hispanic	813,849	15%
Non-White Hispanic	58,251	1%
Total Non-Hispanic	4,640,486	84%
Total Minority	1,711,427	31%

Source: BEBR, 2019

Driver License Holders	Value	Percent
Drivers	5,028,482	30%

Source: Florida Department of Highway Safety and Motor Vehicles, 2019

Registered Voters	Value	Percent
Registered Voters	4,974,432	35%

Source: Florida Department of State, 2018

Veterans	Value	Percent
Age 45-64	471,082	32%
Age 65-84	616,816	41%
Age 85+	153,731	10%

Source: U.S. Department of Veterans Affairs

Grandparents	Value	Percent
Living With Grandchildren	265,690	5%
Grandparent Responsible for Grandchildren	65,475	1%
Grandparent Not Responsible for Grandchildren	200,190	4%
Not Living With Grandchildren	4,683,055	85%

Grandchildren are defined as being under the age of 18.
Source: AGID 2012-16 ACS

English Proficiency	Value	Percent
With Limited English Proficiency	425,506	8%

Source: AGID 2012-16 ACS

2018 Profile of Older Floridians

Orange County Demographic Profile

The demographics section presents the population characteristics of those age 60 and older and examines traits about older Floridians, such as the number of veterans, voters, and drivers.

Age Category	Value	Percent
All Ages	1,349,597	100%
Under 18	312,132	23%
Under 60	1,120,702	83%
18-59	808,570	60%
60+	228,895	17%
65+	159,240	12%
70+	103,824	8%
75+	63,619	5%
80+	36,855	3%
85+	18,811	1%

Source: BEBR, 2019

Gender	Value	Percent
Male	102,335	45%
Female	126,560	55%

Source: BEBR, 2019

Living Alone	Value	Percent
Male Living Alone	13,290	33%
Female Living Alone	26,865	67%

Source: AGID 2012-16 ACS

Educational Attainment (65+)	Value	Percent
Less than High School	29,269	18%
High School Diploma	41,892	26%
Some College, No Degree	24,679	15%
Associates Degree or Higher	47,928	30%

Source: U.S. Census Bureau, 2013-2017 ACS

Marital Status	Male	Female
Never Married	5,250	6,855
Percentage Never Married	6%	6%
Married	62,210	49,465
Percentage Married	71%	46%
Widowed	6,505	31,000
Percentage Widowed	7%	29%
Divorced	13,205	20,995
Percentage Divorced	15%	19%

Source: AGID 2012-16 ACS

Race and Ethnicity	Value	Percent
White	171,707	75%
Black	43,762	19%
Other Minorities	13,426	6%
Total Hispanic	53,712	23%
White Hispanic	48,097	21%
Non-White Hispanic	5,615	2%
Total Non-Hispanic	175,183	77%
Total Minority	124,326	54%

Source: BEBR, 2019

Driver License Holders	Value	Percent
Drivers	211,009	20%

Source: Florida Department of Highway Safety and Motor Vehicles, 2019

Registered Voters	Value	Percent
Registered Voters	213,098	25%

Source: Florida Department of State, 2018

Veterans	Value	Percent
Age 45-64	25,400	38%
Age 65-84	21,391	32%
Age 85+	4,153	6%

Source: U.S. Department of Veterans Affairs

Grandparents	Value	Percent
Living With Grandchildren	16,075	7%
Grandparent Responsible for Grandchildren	3,390	1%
Grandparent Not Responsible for Grandchildren	12,685	6%
Not Living With Grandchildren	175,455	77%

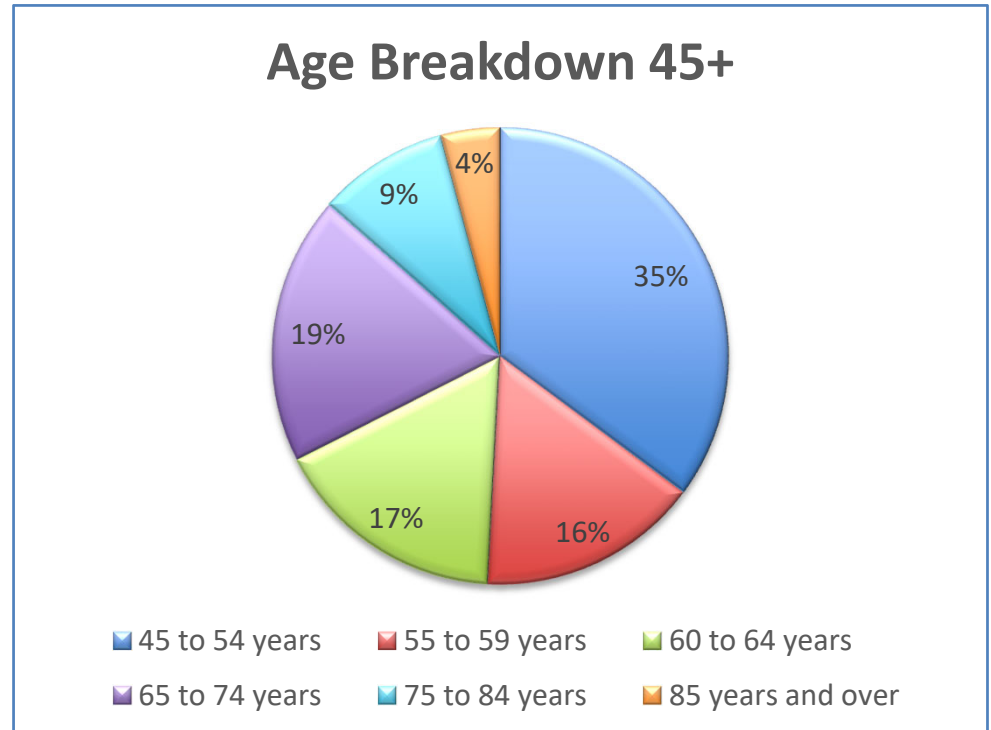Grandchildren are defined as being under the age of 18.
Source: AGID 2012-16 ACS

English Proficiency	Value	Percent
With Limited English Proficiency	22,315	10%

Source: AGID 2012-16 ACS

Note: The American Community Survey (ACS) requires a minimum of 50 cases in a geographic area and therefore a value of 0 may denote fewer than 50 seniors in a region.

CITY OF ORLANDO
AGE-FRIENDLY COMMUNITY

Setting the Stage – Background Data

	2018 Estimate	Percent
SEX AND AGE		
Total population	**285,705**	(X)
Male	132,334	46.3%
Female	153,371	53.7%
Under 5 years	19,493	6.8%
5 to 9 years	14,688	5.1%
10 to 14 years	13,518	4.7%
15 to 19 years	13,108	4.6%
20 to 24 years	18,909	6.6%
25 to 34 years	69,245	24.2%
35 to 44 years	40,880	14.3%
45 to 54 years	33,716	11.8%
55 to 59 years	15,031	5.3%
60 to 64 years	15,963	5.6%
65 to 74 years	18,221	6.4%
75 to 84 years	8,905	3.1%
85 years and over	4,028	1.4%
Median age (years)	33.9	(X)
65 years and over	31,154	10.9%
18 years and over	228,787	(X)
Male	104,581	45.7%
Female	124,206	54.3%
65 years and over	31,154	(X)
Male	12,917	41.5%
Female	18,237	58.5%

Age Breakdown 45+

- 45 to 54 years — 35%
- 55 to 59 years — 16%
- 60 to 64 years — 17%
- 65 to 74 years — 19%
- 75 to 84 years — 9%
- 85 years and over — 4%

By the Numbers

- 95,864 over 45 years of age (33.6%)
- 62,148 over 55 years of age (21.8%)
- 31,154 over 65 years of age (10.9%)
- The percentage of seniors in the City of Orlando (those aged 65+) has increased from 8.8% in 2010 to 10.9% in 2018.

CITY OF ORLANDO
AGE-FRIENDLY COMMUNITY

Setting the Stage – Background Data

Department of Health State of Florida
Bureau of Community Health Assessment
Division of Public Health Statistics and Performance Management

Aging In Florida Profile, Orange County, Florida - 2017

Indicator	Measure	Year(s)	County Count	County Percent/Rate	State Count	State Percent/Rate
Longevity						
3-year Life Expectancy [1, 25]	Years	2015-17	79.9 (79.6 - 80.2)		79 (79.6 - 79.7)	
Population [1]						
Total	Count	2017	1,317,704		20,555,728	

Indicator	Measure	Year(s)	County Count	County Percent/Rate	State Count	State Percent/Rate
<16	Percent	2017	263,421	20.0	3,654,475	17.8
16-17	Percent	2017	33,669	2.6	476,757	2.3
18-49	Percent	2017	637,967	48.4	8,206,510	39.9
50-54	Percent	2017	87,855	6.7	1,426,204	6.9
55-59	Percent	2017	80,126	6.1	1,416,889	6.9
60-64	Percent	2017	66,257	5.0	1,301,038	6.3
65-69	Percent	2017	54,122	4.1	1,267,153	6.2
70-74	Percent	2017	35,536	2.7	999,467	4.9
75-79	Percent	2017	23,954	1.8	738,324	3.6
80-84	Percent	2017	16,786	1.3	516,233	2.5
85+	Percent	2017	18,011	1.4	552,678	2.7
Elder Dependency Ratio	Ratio	2017		1:16.4		1:31.8
Youth Dependency Ratio	Ratio	2017		1:29.1		1:28.5

Indicator	Measure	Year(s)	County Count	County Percent/Rate	State Count	State Percent/Rate
White Non-Hispanic	Count	2017	547,822		11,254,094	

Indicator	Measure	Year(s)	County Count	County Percent/Rate	State Count	State Percent/Rate
<16	Percent	2017	83,148	15.2	1,546,603	13.7
16-17	Percent	2017	11,211	2.0	215,891	1.9
18-49	Percent	2017	253,424	46.3	3,895,865	34.6
50-54	Percent	2017	41,554	7.6	811,556	7.2
55-59	Percent	2017	41,171	7.5	888,099	7.9
60-64	Percent	2017	34,981	6.4	868,205	7.7
65-69	Percent	2017	29,455	5.4	915,750	8.1
70-74	Percent	2017	18,856	3.4	743,982	6.6
75-79	Percent	2017	12,954	2.4	550,323	4.9
80-84	Percent	2017	9,662	1.8	389,799	3.5

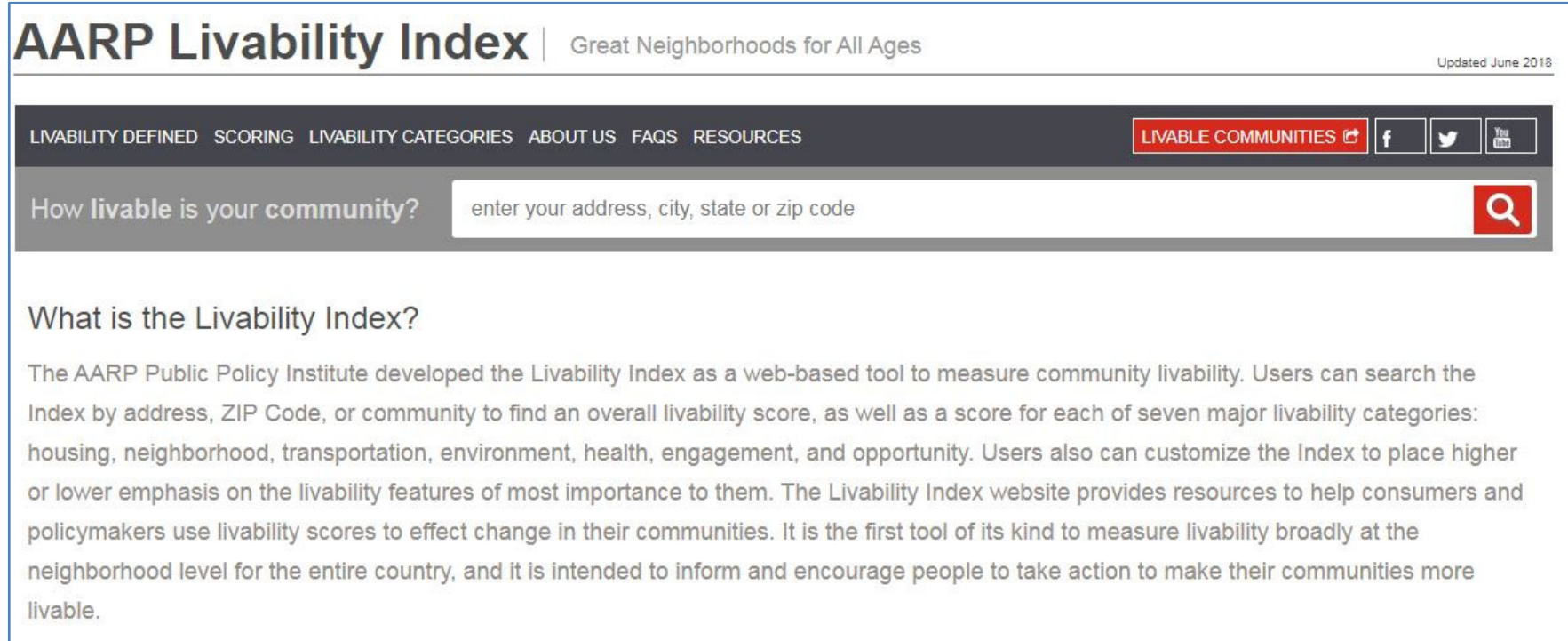500 Cities: Local data for better health

The 500 Cities project is a collaboration between CDC, the Robert Wood Johnson Foundation, and the CDC Foundation. The purpose of the 500 Cities Project is to provide city- and census tract-level small area estimates for chronic disease risk factors, health outcomes, and clinical preventive service use for the largest 500 cities in the United States. These small area estimates will allow cities and local health departments to better understand the burden and geographic distribution of health-related variables in their jurisdictions, and assist them in planning public health interventions. See bottom of page for the note for data users. Learn more about the 500 Cities Project.

Other Sources of Data & Analysis:

- Florida Department of Elder Affairs Documents
- Senior Resource Alliance Documents
- Community Health Improvement Plan (CHIP)
- City of Orlando Documents
- ICMA Planning for All Ages Survey
- FPR Master Plan Survey
- Livability/Age-Friendly Orlando Survey
- Table Talks Data
- AARP Livability Index

CITY OF ORLANDO
AGE-FRIENDLY COMMUNITY

Summary of AARP Livability Index Data for Orlando

Please visit the following link on the AARP website:

https://livabilityindex.aarp.org/

Summary of AARP Livability Index Data for Orlando

TOTAL INDEX SCORE

54

Livability Score ❓

CATEGORY SCORE

68 | **HOUSING**
Affordability and access ›

48 | **NEIGHBORHOOD**
Access to life, work, and play ›

41 | **TRANSPORTATION**
Safe and convenient options ›

56 | **ENVIRONMENT**
Clean air and water ›

55 | **HEALTH**
Prevention, access and quality ›

51 | **ENGAGEMENT**
Civic and social involvement ›

57 | **OPPORTUNITY**
Inclusion and possibilities ›

How are Livability Scores Determined?

- The Livability Index assesses seven broad categories of community livability, including housing, neighborhood, transportation, environment, health, engagement, and opportunity.
- AARP draws from more than 50 unique sources of data, including 40 metrics and 20 policies.
- While metrics measure how livable communities are in the present, policies measure how they might become over time
- Metric values and policy points within each category are combined to create the category score. Each metric receives equal weight.
- Those category scores are then averaged to create a location's total livability score.
- Communities are compared to one another, so the average community gets a score of 50.
- Cities receive a score based on the average scores of neighborhoods within their boundaries. Most communities have a range of more- or less-livable neighborhoods, but for a community to get a high score, neighborhoods through it need to score well. This make is even more challenging for a city to get a high score – the more neighborhoods there are within a given boundary, the less likely it will be that all of them have high scores.

Explore the Score

70

CITY OF
ORLANDO
AGE-FRIENDLY
COMMUNITY

Summary of AARP Livability Index Data for Orlando

HOUSING
Affordability and access   Share this score

They say home is where the heart is—and the same holds true for the Livability Index. Housing is a central component of livability. Deciding where to live influences many of the topics the Index covers. We spend more time in our homes than anywhere else, so housing costs, choices, and accessibility are critical. Great communities provide housing opportunities for people of all ages, incomes, and abilities, allowing everyone to live in a quality neighborhood regardless of their circumstances.

Metrics   Policies

How does my community compare to neighborhoods across the country?
● TOP THIRD   ● MIDDLE THIRD   ● BOTTOM THIRD   ○ MISSING DATA

Metric	Value	
Housing accessibility ZERO-STEP ENTRANCES	66.7% of units Median US neighborhood: 43.6%	●
Housing options AVAILABILITY OF MULTI-FAMILY HOUSING	59.9% of units are multi-family Median US neighborhood: 17.8%	●
Housing affordability HOUSING COSTS	$1,089 per month Median US neighborhood: $989	●
Housing affordability HOUSING COST BURDEN	22.4% of income spent on housing Median US neighborhood: 17.9%	●
Housing affordability AVAILABILITY OF SUBSIDIZED HOUSING	303 units per 10,000 people Median US neighborhood: 0	●

Metrics   Policies

Policy	Status
Housing accessibility STATE AND LOCAL INCLUSIVE DESIGN LAWS	No Policy ○
Housing affordability STATE AND LOCAL HOUSING TRUST FUNDS	No Policy ○
Housing options STATE MANUFACTURED HOUSING PROTECTIONS	No Policy ○
Housing affordability STATE FORECLOSURE PREVENTION AND PROTECTION	State Policy ●
Comprehensive livability commitment STATE AND LOCAL PLANS TO CREATE AGE-FRIENDLY COMMUNITIES	No Policy ○

Orlando's Score = 68

What All Goes Into the Housing Category?
Housing is a central component of livability and this category draws attention to the need for people of various levels of physical ability and income to find appropriate housing. Despite the high housing costs often associated with cities, an urban neighborhood might score well on housing due to the prevalence of multifamily and subsidized housing options for people who want to downsize or cannot afford housing.

CITY OF ORLANDO
AGE-FRIENDLY COMMUNITY

Summary of AARP Livability Index Data for Orlando

NEIGHBORHOOD
Access to life, work, and play   Share this score

What makes a neighborhood truly livable? Two important qualities are access and convenience. Compact neighborhoods make it easier for residents to reach the things they need most, from jobs to grocery stores to libraries. Nearby parks and places to buy healthy food help people make smart choices, and diverse, walkable neighborhoods with shops, restaurants, and movie theatres make local life interesting. Additionally, neighborhoods served by good access to more distant destinations via transit or automobile help residents connect to jobs, health care, and services throughout the greater community.

Metrics   Policies

How does my community compare to neighborhoods across the country?
● TOP THIRD   ● MIDDLE THIRD   ● BOTTOM THIRD   ○ MISSING DATA

Proximity to destinations ACCESS TO GROCERY STORES AND FARMERS' MARKETS	**1.5** stores and markets ● Median US neighborhood: 0.0	
Proximity to destinations ACCESS TO PARKS	**0.8** parks ● Median US neighborhood: 0.0	
Proximity to destinations ACCESS TO LIBRARIES	**0.1** libraries ● Median US neighborhood: 0.0	
Proximity to destinations ACCESS TO JOBS BY TRANSIT	**0** jobs ● Median US neighborhood: 0	
Proximity to destinations ACCESS TO JOBS BY AUTO	**86,721** jobs ● Median US neighborhood: 32,699	
Mixed-use neighborhoods DIVERSITY OF DESTINATIONS	**0.65** index from 0 to 1 ● Median US neighborhood: 0.70	
Compact neighborhoods ACTIVITY DENSITY	**6,142** jobs and people per sq. mi. ● Median US neighborhood: 3,020	
Personal safety CRIME RATE	**468** crimes per 10,000 people ● Median US neighborhood: 261	
Neighborhood quality VACANCY RATE	**13.9%** of units are vacant ● Median US neighborhood: 8.8%	

Metrics   Policies

Mixed-use neighborhoods STATE AND LOCAL TOD PROGRAMS	City Policy ●
Comprehensive livability commitment STATE AND LOCAL PLANS TO CREATE AGE-FRIENDLY COMMUNITIES	No Policy ○

Orlando's Score = 48

What All Goes Into the Neighborhood Category?
What makes a neighborhood truly livable? Two qualities are most important: access and convenience. Compact neighborhoods make it easier for residents to conveniently reach things they most need, from jobs to grocery stores, libraries to parks. AARP measures whether several amenities are within one-half mile of the neighborhood boundary, not whether they exist at all in the community. Downtown neighborhoods laid out on a compact grid of streets will typically score higher than suburban neighborhoods that spread out over a greater distance with fewer nearby destinations.

CITY OF ORLANDO
AGE-FRIENDLY COMMUNITY

Summary of AARP Livability Index Data for Orlando

TRANSPORTATION
Safe and convenient options   Share this score

How easily and safely we're able to get from one place to another has a major effect on our quality of life. Livable communities provide their residents with transportation options that connect people to social activities, economic opportunities, and medical care, and offer convenient, healthy, accessible, and low-cost alternatives to driving.

Metrics   Policies

How does my community compare to neighborhoods across the country?
● TOP THIRD   ● MIDDLE THIRD   ● BOTTOM THIRD   ○ MISSING DATA

	Metric	Value	
➕	Convenient transportation options FREQUENCY OF LOCAL TRANSIT SERVICE	0 buses and trains per hour Median US neighborhood: 0	●
➕	Accessible system design ADA-ACCESSIBLE STATIONS AND VEHICLES	64.5% of stations and vehicles are accessible Median US neighborhood: 87.6%	●
➕	Convenient transportation options WALK TRIPS	0.85 trips per household per day Median US neighborhood: 0.73	●
➕	Convenient transportation options CONGESTION	31.8 hours per person per year Median US neighborhood: 25.4	●
➕	Transportation costs HOUSEHOLD TRANSPORTATION COSTS	$10,938 per year Median US neighborhood: $13,086	●
➕	Safe streets SPEED LIMITS	32.5 miles per hour Median US neighborhood: 28.0	●
➕	Safe streets CRASH RATE	11.2 fatal crashes per 100,000 people per year Median US neighborhood: 6.8	●

Metrics   Policies

	Policy	Type	
➕	Safe streets STATE AND LOCAL COMPLETE STREETS POLICIES	City Policy	●
➕	Convenient transportation options STATE HUMAN SERVICES TRANSPORTATION COORDINATION	State Policy	●
➕	Convenient transportation options STATE VOLUNTEER DRIVER POLICIES	State Policy	●
➕	Comprehensive livability commitment STATE AND LOCAL PLANS TO CREATE AGE-FRIENDLY COMMUNITIES	No Policy	○

Orlando's Score = 41

What All Goes Into the Transportation Category?
Livable communities provide their residents with transportation options that offer convenient, healthy, and low-cost alternatives to driving that are accessible to all. Some urban communities thought to be doing incredibly well on transportation may not necessarily see that translated in their Transportation score. Their streets may be clogged with traffic or the local transit provider may not report data on the frequency of local transit service (or that service may not have frequent enough service).

CITY OF ORLANDO
AGE-FRIENDLY COMMUNITY

Summary of AARP Livability Index Data for Orlando

ENVIRONMENT
Clean air and water   Share this score

Good communities maintain a clean environment for their residents. Great communities enact policies to improve and protect the environment for generations to come. The Livability Index looks at air and water quality. It measures communities' actions to create resilience plans to prepare for emergencies and natural disasters, and it awards points to states that have policies promoting energy efficiency and that protect consumers from having their utilities cut off during extreme weather events.

Metrics   Policies

How does my community compare to neighborhoods across the country?
● TOP THIRD   ● MIDDLE THIRD   ● BOTTOM THIRD   ○ MISSING DATA

Water quality DRINKING WATER QUALITY	**0.37%** of people are exposed to violations Median US neighborhood: 1.10%	●
Air quality REGIONAL AIR QUALITY	**0.7** unhealthy air quality days per year Median US neighborhood: 5.7	●
Air quality NEAR-ROADWAY POLLUTION	**17.45%** of people are exposed Median US neighborhood: 0.00%	●
Air quality LOCAL INDUSTRIAL POLLUTION	**0.00** index from 0 to 311,000 Median US neighborhood: 0.00	●

Metrics   Policies

Resilience STATE UTILITY DISCONNECTION POLICIES	No Policy ○
Resilience LOCAL MULTI-HAZARD MITIGATION PLANS	No Policy ○
Energy efficiency STATE ENERGY EFFICIENCY SCORECARD	No Policy ○
Comprehensive livability commitment STATE AND LOCAL PLANS TO CREATE AGE-FRIENDLY COMMUNITIES	No Policy ○

Orlando's Score = 56

What All Goes Into the Environment Category?
The Livability Index monitors how healthy the environment is today by looking at air and water quality, as well as whether communities have taken steps for the future to improve energy efficiency and prepare resilience plans in the event of emergencies and natural disasters. Very few places across the country are exposed to local industrial pollution or drinking water quality violations. Places that are exposed to any degree of that pollution will see a lower Environment score. On issues of water quality, available data limits the index to assessing public water supplies. Private systems are not included in the AARP's drinking water quality metric.

CITY OF ORLANDO
AGE-FRIENDLY COMMUNITY

Summary of AARP Livability Index Data for Orlando

HEALTH
Prevention, access and quality   Share this score

Community conditions influence health behaviors. Healthy communities have comprehensive smoke-free air laws, offer easy access to exercise opportunities, and have high-quality health care available. Because health is so deeply related to quality of life, many other categories of livability in this Index include metrics related to health. For example, access to healthy foods, jobs and education, number of walk trips, lower speed limits, social engagement measures, and air and water pollution are all related to health. Where you live matters.

Metrics   Policies

How does my community compare to neighborhoods across the country?
● TOP THIRD   ● MIDDLE THIRD   ● BOTTOM THIRD   ○ MISSING DATA

Healthy behaviors SMOKING PREVALENCE	20.0% of people smoke regularly Median US neighborhood: 20.5%	●
Healthy behaviors OBESITY PREVALENCE	28.4% of people are obese Median US neighborhood: 28.9%	●
Healthy behaviors ACCESS TO EXERCISE OPPORTUNITIES	97.6% of people have access Median US neighborhood: 90.7%	●
Access to health care HEALTH CARE PROFESSIONAL SHORTAGE AREAS	5 index from 0 to 25 Median US neighborhood: 0	●
Quality of health care PREVENTABLE HOSPITALIZATION RATE	58.4 preventable hospitalizations per 1,000 patients Median US neighborhood: 48.5	●
Quality of health care PATIENT SATISFACTION	77.3% of patients are satisfied Median US neighborhood: 71.3%	●

Metrics   Policies

Healthy behaviors STATE AND LOCAL SMOKE-FREE LAWS	No Policy ○
Comprehensive livability commitment STATE AND LOCAL PLANS TO CREATE AGE-FRIENDLY COMMUNITIES	No Policy ○

Orlando's Score = 55

What All Goes Into the Health Category?
Great communities offer easy access to exercise opportunities and high-quality health care. Because healthy neighborhoods are integral to livability, health-related factors are represented in multiple categories. For example, air and water quality, access to healthy foods, and social engagement – all important aspects of a healthy community – are measured elsewhere in the Index. Socioeconomic characteristics, such as poverty rates, also relate to health outcomes, but they are not included in the Index because AARP believes that all places have the potential to be livable regardless of how much money residents make. Instead, AARP includes poverty rates and median income as map layers so that users can understand how livability varies among neighborhoods with different income levels and demographic characteristics.

CITY OF ORLANDO
AGE-FRIENDLY COMMUNITY

Summary of AARP Livability Index Data for Orlando

ENGAGEMENT
Civic and social involvement   Share this score

A livable community fosters interaction among residents. From social engagement to civic action to Internet access, residents' individual opportunities to connect and feel welcomed help lessen social isolation and strengthen the greater community. The Index explores and examines the different ways in which residents engage with and support their communities, and how they impact livability as a whole.

Metrics   Policies

How does my community compare to neighborhoods across the country?
● TOP THIRD ○ MIDDLE THIRD ● BOTTOM THIRD ○ MISSING DATA

⊞	Internet access BROADBAND COST AND SPEED	**49.9%** of residents have high-speed, low-cost service ●
		Median US neighborhood: 14.6%
⊞	Civic engagement OPPORTUNITY FOR CIVIC INVOLVEMENT	**5.8** organizations per 10,000 people ●
		Median US neighborhood: 7.0
⊞	Civic engagement VOTING RATE	**53.6%** of people voted ○
		Median US neighborhood: 55.6%
⊞	Social engagement SOCIAL INVOLVEMENT INDEX	**0.93** index from 0 to 2 ●
		Median US neighborhood: 0.98
⊞	Social engagement CULTURAL, ARTS, AND ENTERTAINMENT INSTITUTIONS	**0.2** institutions per 10,000 people ●
		Median US neighborhood: 0.1

Metrics   **Policies**

⊞	Internet Access STATE BARRIERS TO COMMUNITY BROADBAND	No Policy ○
⊞	Civic engagement EARLY, ABSENTEE, OR MAIL-IN STATE VOTING LAWS	State Policy ●
⊞	Equal rights LOCAL HUMAN RIGHTS COMMISSIONS	City Policy ●
⊞	Equal rights LOCAL LGBT ANTI-DISCRIMINATION LAWS	City Policy ●
⊞	Comprehensive livability commitment STATE AND LOCAL PLANS TO CREATE AGE-FRIENDLY COMMUNITIES	No Policy ○

Orlando's Score = 51

What All Goes Into the Engagement Category?
From social engagement to civic action to internet access, residents' individual opportunities to connect and feel welcomed help lessen social isolation and strengthen the greater community.   4 of the 5 metrics included under Engagement use county- or metro-area level data, meaning that every neighborhood within the entire geographic area receives the same value.

(Continued Discussion)
To measure internet access, AARP uses neighborhood-level broadband data to identify those neighborhoods with the fastest and most affordable broadband networks – a rigorous standard for achieving high scores. AARP measures the percentage of residents who have access to 3 or more wireline internet service providers and 2 or more providers who offer maximum download speeds of 50 megabits per second. The internet access in the majority of the largest cities does not meet this standard.

CITY OF ORLANDO
AGE-FRIENDLY COMMUNITY

Summary of AARP Livability Index Data for Orlando

OPPORTUNITY
Inclusion and possibilities Share this score

America was built on opportunity—and our nation's many thriving communities are no different. The degree to which a community embraces diversity and offers opportunities to residents of all ages and backgrounds is important to overall livability. Backed by a strong regional economy and fiscally healthy local governments, welcoming communities provide residents an equal chance to earn a living wage and improve their well-being, from jobs to education.

Metrics   Policies

How does my community compare to neighborhoods across the country?
● TOP THIRD   ● MIDDLE THIRD   ● BOTTOM THIRD   ○ MISSING DATA

Equal opportunity — 0.48 index from 0 to 1 ●
INCOME INEQUALITY — Median US neighborhood: 0.46

Economic opportunity — 0.87 jobs per person ●
JOBS PER WORKER — Median US neighborhood: 0.77

Educational Opportunity — 88.1% of students graduate ●
HIGH SCHOOL GRADUATION RATE — Median US neighborhood: 87.0%

Multi-generational communities — 0.83 index from 0 to 1 ●
AGE DIVERSITY — Median US neighborhood: 0.86

Metrics   Policies

Local fiscal health — No Policy ○
LOCAL GOVERNMENT CREDITWORTHINESS

Economic opportunity — State Policy ●
STATE MINIMUM WAGE INCREASE

Equal opportunity — No Policy ○
STATE EXPANSION OF THE FAMILY AND MEDICAL LEAVE ACT

Comprehensive livability commitment — No Policy ○
STATE AND LOCAL PLANS TO CREATE AGE-FRIENDLY COMMUNITIES

Orlando's Score = 57

Please visit the following link on the AARP website:
https://livabilityindex.aarp.org/

What All Goes Into the Opportunity Category?

The degree to which a community embraces diversity and offers opportunities to residents of all ages, incomes, and backgrounds is a strong indicator of overall livability. Backed by a strong regional economy and fiscally healthy local governments, welcoming communities provide residents an equal chance to earn a living wage and improve their well-being. Jobs and education are key. While the jobs per worker metric considers the availability of employment opportunities, it doesn't measure whether jobs offer a living wage. The Index makes up for this by awarding a policy point to communities within states that have a higher minimum wage than the federal minimum wage. Age-diverse communities are rich with residents to learn from and support each other in meaningful ways. People at different phases of life contribute to the economy & well-being of the community in many different ways, including working, paying taxes, supporting local businesses, and volunteering.

CITY OF ORLANDO AGE-FRIENDLY COMMUNITY

Assessment & Action Plan Process

Developing an age-friendly community: the process

Year 5: Progress / status update

Years 3-5: Implementation

Year 2: Create an action plan

Year 1: Conduct a survey and listening sessions

Enrollment

Members of the **AARP Network of Age-Friendly States and Communities** program commit to improving their age-friendliness and submit to a rigorous membership assessment cycle. Being an age-friendly community requires a commitment to a five-year cycle of continuous improvements.

Assessment & Action Plan Process

8 DOMAINS OF A LIVABLE COMMUNITY

AARP Real Possibilities Florida

Department of ELDER AFFAIRS STATE OF FLORIDA

Community Support & Health System — Access to affordable, person-centered health care and social services to promote active and independent living

Transportation — Safe and reliable transportation options to increase mobility and community participation

Communication & Information — Increased access to information through various methods including print, tv, and digital

Civic Participation & Employment — Opportunities to contribute in the workplace and volunteer to make a difference in the community

Outdoor Spaces & Buildings — Accessible, inviting, and safe outdoor spaces and buildings that encourage active participation and recreation

Housing — Appropriate and affordable housing that promotes and supports aging in place

Respect & Social Inclusion — Actively promotes, engages, and celebrates the valuable contributions of all adults in the community

Social Participation — Easy access to social and cultural activities for increased quality of life

HOSPITAL

NEWS STATION
WXC-TV

VOTE

© 2019 Florida Department of Elder Affairs

Livability/Age-Friendly Community Survey Update

How's It Going So Far?

- Survey has been "live" for about three weeks – since October 28, 2019.

- As of Monday, November 18:
    - 316 total responses, including under 50 years of age
    - 197 total responses, 50+
        - 15 respondents 50-54
        - 39 respondents 55-59
        - 48 respondents 60-64
        - 81 respondents 65-74
        - 10 respondents 75-84
        - 4 respondents 85+

- 75% of respondents think public transportation is inaccessible
- 23% think community information is accessible
- 65% are satisfied with Orlando; 75% trust the City
- 72% feel socially connected to others
- 70% feel safe in their neighborhood
- 83% have contact with family either every day or several times a week
- 97% think it's important to live independently
- 83% are likely to continue to work for pay

The City of Orlando invites you to take our

Age-Friendly Community Survey

All residents age 45+ are encouraged to take this comprehensive survey to tell us how we can make Orlando a more livable and age-friendly city.

To take the survey and get more information, visit **orlando.gov/agefriendly**.

- Data so far is skewing predominantly white and higher income, which means we need to broaden our outreach.

- Plan is to keep the survey open until approximately February 7, 2020.

Schedule/Timeline for Action Plan Process

Event	Date
Press Conference – Kick Off	October 28, 2019
On-Line Survey Runs on Various Digital Platforms	October 28, 2019 – February 7 2020
Mayor's Committee on Livability & Healthy Aging #1	November 20, 2019
Neighborhood Association Meetings	November 2019 – January 2020
Focus Groups/Listening Sessions	December 2019 – Early March 2020
Mayor's Committee on Livability & Healthy Aging #2	January 22, 2020
Mayor's Neighborhood & Community Summit	March 7, 2020
Mayor's Committee on Livability & Healthy Aging #3	March 25, 2020
Older Americans Month Event	May 2020 – Date TBD
Mayor's Committee on Livability & Healthy Aging #4	May 27, 2020
Outreach Event	June 2020 – Date TBD

CITY OF
ORLANDO
AGE-FRIENDLY
COMMUNITY

Schedule/Timeline for Action Plan Process

Event	Date
Mayor's Committee on Livability & Healthy Aging #5	July 22, 2020
Mayor's Committee on Livability & Healthy Aging #6	September 23, 2020
Outreach Event	October 2020 – Date TBD
Mayor's Committee on Livability & Healthy Aging #7	November 18, 2020
Mayor's Committee on Livability & Healthy Aging #8	January 27, 2021
Municipal Planning Board Workshop	February 16, 2021
Mayor's Committee on Livability & Healthy Aging #9	March 24, 2021
City Council Workshop – Presentation of Action Plan	April 2021
City Council Hearing – Acceptance of Action Plan	April/May 2021
Celebration Event – Older Americans Month	May 2021
Action Plan forwarded to World Health Organization	May/June 2021

Outline of Action Plan

Letter from Mayor Dyer

Executive Summary

Chapter 1: Introduction to Age-Friendly Orlando

Chapter 2: Assessment & Planning
- Demographics
- Age-Friendly Livability Survey
- AARP Livability Index
- Existing Reports
- Outreach Events
- Key Findings

Chapter 3: The Eight Domains of Livability

Built Environment
1. Transportation
2. Housing
3. Outdoor Spaces & Buildings

Social Environment
1. Social Participation
2. Respect & Social Inclusion
3. Civic Participation & Employment
4. Community Support & Health Services
5. Communication & Information

Chapter 4: Goals & Actions

Built Environment
1. Transportation
2. Housing
3. Outdoor Spaces & Buildings

Social Environment
1. Social Participation
2. Respect & Social Inclusion
3. Civic Participation & Employment
4. Community Support & Health Services
5. Communication & Information

Chapter 5: Implementation & Evaluation
- Implementation
- Funding
- Equity and Results

Now all we have to do is fill in all the blanks.

Blue Zones Update

What's Happening?

- In 2019, the Orlando Economic Partnership (OEP) engaged Blue Zones, LLC to conduct an assessment of Orange County to determine if the area was ready to pursue Blue Zones strategies.
- From August through September, Blue Zones staff conducted in-depth interviews and listening sessions with many people and organizations on topics such as livability, health, food systems, and the built environment – many of the same topics we'll be working on as part of our effort.
- On November 13, 2019, the OEP hosted a meeting to provide an update on the assessment. The report was also presented to the OEP's Blue Zones steering committee earlier in the day.
- The City is not on the steering committee, and has not yet received a copy of the assessment report.
- For the next 90 days, Blue Zones and OEP will go through a scoping process that will determine the scope of work and geography of a potential project. So, February 2020 is when that process will be completed.
- We will wait and see what happens.

Dan Buettner, author and longevity expert at one of his presentations.

The work of Blue Zones, LLC is rooted in research and identification of the world's longest-lived cultures and most extraordinary populations. Their findings were published in the New York Times best-selling books The Blue Zones, The Blue Zones Solution, The Blue Zones of Happiness and Thrive – all published by National Geographic books. They have applied the tenets of the Blue Zones in over 40 cities throughout the U.S. They use a systematic, environmental approach to well-being that optimizes policy, urban and building design and social networks.